Testimonial 2-Word Eye-Hop

TESTIMONIALS:	Xilinx Corp
I was a very	slow reader
and my mind	wandered during
reading. Now	I enjoy reading
more than	ever. It was
good taking	the tests
during the	course to
see my improvement.	l've learned
that if you	believe in
yourself,	you can do
it! These	skills will
allow me to	use this extra
new time I	have for getting
other things	done. At first
l didn't	think this
would really	help, but
I am now a	true believer.
Rick Hilovsky	Senior Staff
SVG Engineer	Xilinx, Inc.
Reading Effectiveness	went from
75 to 315	I enjoyed
reading a	lot before
the class	but did not
remember,	especially
from novels.	Now I read
much faster	than I ever

imagined I could and I remember more of what I have read. I enjoy reading more now and am able to get through required reading (Emails, etc.) quicker. This has given me more time to think and perform the strategic part of my job which is really the fun part. Bottom line - this class has increased my enjoyment of work since I can go through reading faster. This in turn gives me more time for other pursuits because I no longer need to take reports, etc. home to read. I can now get it all done at work Patrick Kane Program Manager University Xilinx, Inc. To whom it may concern, Before the SuperReading class, I was not as focused. From time to time I would lose sight of which line I was reading. Using the techniques

we learned	I have more	Regards, Jay	Liu Senior
concentration	than ever	Applications	Engineer Xilinx,
before. Also,	by reminding	Inc. I learned	to focus better
myself of	the Magnetic	and have better	reading skills
Questions,	it helps me	that are valuable	to me because
look for those	main themes	of the volume	of documentation
when I read	and that helps	and Email	I have to
my comprehension.	Kevin Look	review every	day. Karlton
Engineer Xilinx,	Inc. Dear	Lau Applications	Engineer Xilinx,
Ron, Most	of us can	Inc. Reading	Effectiveness
use more time	to read and	went from	95 to 444
understand	information	The skills	learned in
encountered	in our daily	this class	have helped
routines.	I particularly	me focus better	when reading.
needed a lot	of help. Hence,	I feel more	alert when
I had a high	expectation	reading and	am gathering
for this course.	At first I	more information.	Dan Chan Product
was a bit	disappointed	Applications	Manager Xilinx,
to hear that	it was just	Inc. Before	the class
a speed-reading	course. However,	it took me	longer to
after these	weeks of learning	comprehend	information.
and practicing,	I have benefited	Now my comprehension	is increased
greatly from	these techniques	and I'm	doing it faster.
such as Eye	-Hop, Imagery	By following	the basic
Memorization	and Self-affirmation.	techniques	I can save
Thanks. I'm	looking forward	time in daily	work due to
to further	advancement	faster and	easier reading.
utilizing	these techniques.	Ron, I thank	you for giving

me these skills.	I would like	Inc. Before	class I read
to see where	my skills	slowly, without	a lot of comprehension.
are in a few	months from	I would get	done reading
now. Prashanth	K. Banuru	a page and	not remember
Manager, Systems	Verification	what I had	read. This
Group Xilinx,	Inc. Ron,	class helped	me learn to
Thanks for	all of your	read several	words at a
help. I've	been able	time, and	to preview
to read faster	with better	before reading.	It also helped
comprehension	since taking	me learn memory	techniques
your class.	In my job	that have	helped me
I read a lot	of technical	with reading	comprehension.
documents	and I now	I am now more	confident
I look forward	to applying	that I can	read faster
these techniques	you have taught	and retain	most of what
us. Jason	Lawley Applications	I read. My	favorite part
Manager Xilinx,	Inc. This	of the class	was learning
class helped	me learn some	to apply the	memory techniques
useful techniques	to read effectively.	to my reading.	I recommend
And it makes	reading a	this class	to my coworkers
very fun thing	to do, and	with the understanding	that you need
builds up	my confidence	to devote	time to practice
level. The	good thing	daily to get	the most out
is that the	skills we	of the class.	Barbara Hauger
learn in this	class will	Administrative	Assistant
continue to	improve even	Xilinx, Inc.	Reading for
after the	class. Caroline	me was a dull	task. I could
Chen IC Design	Engineer Xilinx,	barely focus	for over half

an hour. Reading	now has a	keep using	the techniques
different	meaning. Now	to improve	even further.
I know what	to look for	Soren Soe	S/W Engineer
when I'm	reading. My	Xilinx, Inc.	Before the
favorite part	of the class	course l'd	say I was
was the unexpected	exercises,	just an average	reader. The
the instructor's	sense of humor	class has	inspired me
and personality.	Time is of	to read with	more enthusiasm
an essence,	and any method	and stay focused.	I think the
which saves	time is critical	skills I've	learned will
to my work	(and life)	help me continue	to improve
performance.	l would like	my reading	effectiveness.
others to	understand	l'Il never	pick up a
that practice	is everything.	book and look	at it the
Kamal Koraitem	Applications	same way that	I did before
Manager Xilinx,	Inc. I hardly	this class.	I also think
used to read	for pleasure.	the affirmations	should be
Now I don't	hesitate starting	a part of	everyone's
a novel and	I am able	day. Faith	Andresen CAD
to finish	it while focusing	Tech Xilinx,	Inc. Reading
on the content	quite well.	before this	class was
I'm sure	the Eye-Hops	slower and	my comprehension
made the difference.	When it's	wasn't that	great. My
about speed,	the Mind Map	mind tended	to wander.
is great for	comprehension,	Reading now	is faster
but requires	practice.	and comprehension	is better
I enjoyed	the course	using the	memory techniques.
a lot and	I plan to	The skills	I learned

are valuable	because I'm	SuperReading	class was
finding less	and less time	not an enjoyable	experience.
to read these	days and these	My mind would	wander and
skills will	help me read	I would find	after reading
what I did	before in	the same paragraph,	even the same
less time.	Gitu Jain	sentence,	over and over,
Senior Software	Engineer Xilinx,	l still didn't	know what
Inc. Dear	Ron, Thanks.	it was I had	read. Reading
My reading	before this	material was	piling higher
class was	very scattered	and higher.	In my field,
and not focused.	I enjoyed	technology	changes daily
the tests	in class because	and the need	to keep current
they showed	me the improvement	is a necessity.	Now with the
that I'm	making in	tools I have	acquired through
comprehension.	Garland K.	this class,	reading is
Peabody Senior	Electronic	no longer	a "chore."
Tech. Xilinx,	Inc. Dear	I remember	what I read
Ron, I was	what I feel	and can even	recall what
was a very	low skilled	I read days	and even weeks
reader. I	was concerned	later. It	really works.
how much a	class like	Liz Abe-Meredith	Staff Analyst
this could	help me. As	Webmaster	Xilinx, Inc.
you can tell	from my scores,	The only reason	not to take
I have more	than tripled	this class	is if you
my skill level.	Thanks for	don't want	to read faster
your help.	Nathan Baker	and understand	more. Robert
Business System	Analyst Xilinx,	Binkley Engineer	Xilinx, Inc.
Inc. Reading	before the	To whom it	may concern,

My reading	was unfocused	readiness	to receive
before the	class. I would	information,	training to
read something	and not be	focus on what	you read just
able to recall	what I just	as much as	the techniques
read. Now	that is all	for effective	reading: pre
changed. I	really enjoyed	-viewing,	note taking,
the motivating	stories in	retelling	(parroting),
the Eye-Hop	exercises.	reading itself	and reviewing.
I feel more	confident	The SuperReading	manual is
about my reading	skills now.	also a great	help. It organizes
I can read	faster and	tracking of	daily eye
retain more	information	hopping exercises	and reading
than before.	Before I hated	practices,	as well as
to read, but	these skills	all scores	for reading
make me more	interested	tests showing	weekly progress.
and engaged	in my reading.	The instructions	in the manual
Jack Wu Engineer	Xilinx, Inc.	are concise	and well-written,
"This course	was much more	and followed	by the most
than an improvement	-of-reading	humorous multiple	-choice tests
series of	exercises.	l've ever	encountered.
It was a well	-thought-out,	Good humor	and very positive
planned and	organized	classroom	atmosphere
attack on	one's mind	made this	course not
limitations.	Ron spent	only a very	effective
a lot of time	and effort	speed and	comprehension
on attitude	improvement,	enhancer,	but also a
not just skills.	He emphasized	very pleasant	learning experience."
preparation	for reading,	Vladimir Starov,	Director of

Research,	GaSonics International	I know. Sincerely,	Alex Michael
TESTIMONIALS:	Altera Corporation	Director,	Flex Product
Dear Ron,	This is to	Engineering	Altera Corporation
indicate my	satisfaction	Dear Ron,	When this
with your	Reading Effectiveness	class became	available
program as	presented	at Altera	I could not
at Altera.	The techniques	wait to sign	up and begin.
presented	were quite	After spending	the five weeks,
effective	in increasing	I can honestly	say I was
speed and	retention.	not disappointed.	The five weeks
I was already	a relatively	spent will	benefit myself
fast reader	coming into	for the rest	of my life.
the class	but was dissatisfied	Another bonus	for the course
with my ability	in retaining	is the ability	to pass on
what I read.	Your common	the techniques	to my 7-year
-sense approach	to 1)planning	old son. Thanks	for everything,
how to read	a text, with	Bill P. Telecom	Specialist
time allotted	for previewing,	The SuperReading	class opened
2)exercises	to develop	my eyes and	brain to absorb
rapid pattern	recognition	more information	than I used
and suppress	sub vocalizing,	to get before	taking this
and 3)to test	retention	class. It	is incredible!
after each	section has	I cannot imagine	how much more
already helped	me tackle	I can get	out of this
a technical	textbook that	class if I	would have
I wouldn't	have had time	done my "homework"	more intensively
for otherwise.	I would recommend	and on a really	regular basis.
your program	to anyone	Ron, I am	very happy

that Altera	gave me the	you for teaching	this course.
opportunity	to take this	It has been	very helpful
class of great	knowledge!	to me. My	RE score has
Thanks, Tom	Vaszily System	increased	from 50 to
Network Administrator	Ron, Thank	more than	300. I can
you for coming	to Altera	now read faster	and retain
and teaching	the SuperReading	much more	information
class. The	techniques	now. My time	spent in class
you provided	are proving	and the Eye	-Hop exercise
to be very	beneficial	is well worth	it. The affirmations
in increasing	my speed and	helped me	believe I
comprehension	when reading.	can do better.	Thank you.
The previewing	technique	Chris Kwok	Software Engineering
is one of	the best ideas	Supervisor	Altera Corp.
I have adopted.	I am increasing	Dear Ron,	Thank you
my speed and	remembering	for your teaching	skills. Being
more. The	Eye-Hop books	very enthusiastic	and genuinely
are excellent	as well. They	interested	in teaching
teach you	to read in	the class	made it comfortable
groups of	words instead	and easier	to learn and
of individually.	My initial	pick up the	skills. My
test and retention	was poor.	reading speed	has increased
After taking	the course,	along with	my comprehension.
I was amazed	at the amount	My concentration	and memory
I have improved.	Sincerely,	skills have	also improved
Laurie Doane	Senior Network	quite a bit.	I really enjoyed
Admin Altera	Corp. Dear	the Eye-Hop	articles.
Ron, I'd	like to thank	Sincerely,	Cheri Sorrell

Manufacturing	System Supervisor	you they believe	in you really	
Altera Corp.	Dear Ron,	makes a difference.	I read a lot	
Thank you	so much for	and the skills	I learned	
all the encouragement	and positive	in this class	will be very	
Emails that	have assisted	useful. Keep	up the good	
me in "staying	on track"	work! Kirk	Martinez System	
with the class.	Like everything,	Admin. Supervisor	Hi Ron, I	
"practice	makes perfect."	felt this	class was	
I look forward	to using all	quite interesting.	I think maybe	
the skills	you've given	if I had more	time available	
me. Thanks	again! Debbie	to practice	the techniques	
Chapman Finance,	POS Supervisor	that were	taught in	
Ron, Good	class. I like	this class	they could	
your optimism	and enthusiasm,	be quite effective.	Thanks, Jack	
and the inspirational	nature of	Chui Dear	Ron, Thanks	
many of the	Eye-Hop readings.	for teaching	this class.	
Also, thanks	for the Emails.	Apart from	learning tools	
Best of luck!	Matt Hendricks	to improve	my reading	
Sr. Test Engineering	Manager Dear	skills, I've	learned a	
Ron, SuperReading	rocks! I really	few valuable	things for	
appreciated	the two hours	myself. I've	realized that	
a week we	spent together	l've never	been one to	
in class.	If nothing	make quick	decisions	
else, I was	motivated	even when	the circumstances	
to improve	my reading	demand I do	so! That was	
and myself.	I'm generally	because I	didn't trust	
a very positive	person, but	my intuition.	l've bought	
actually having	someone tell	the book Intuition	Workout as	

you suggested	and I hope	to measure	my real ability
that it will	help me trust	until I took	this class.
my gut instincts	more. Your	On day one,	we tested
class was	enlightening.	our reading	time and effectiveness
Jim Park Sr.	Software Engineer	and mine was	pretty low.
TESTIMONIALS:	Advanced Micro	My comprehension	was nil. By
Devices Ron,	Thanks for	the sixth	session I
doing such	a great job	was reading	remarkable
in the class!	This has been	faster and	retaining
the most informative	and entertaining	almost all	of what I
twelve hour	training session	read. I feel	really good
I have ever	attended.	about my improvement	and my abilities.
Prior to this	course I really	Ron made "learning	to read" something
dreaded the	material I	to look forward	to. I'm glad
"had to" read	while really	I was given	the opportunity
looking forward	to my leisure	to take this	class. Cathy
reading. Through	this course	M. Senior	Administrative
you have given	me the tools	Assistant,	AMD I think
to decide	how I can	what I enjoyed	the most was
approach and	comprehend	the reading	material that
all the readings	I need to	gives some	interesting
complete,	and in less	stories. Also,	I could see
time. Cheers!	Brian M. Design	the difference	in my attitude
Engineer,	AMD When I	when I would	pick up something
started this	class I thought	to read and	tell myself
I was a good	reader. I	that I am	going to be
read a lot	of novels.	able to read	faster. Using
Of course	I had no tools	the finger	definitely

helps to keep	focus. I wish	fun, and it's	extremely
you all the	best. Surbhi	helpful. Learn	to adapt the
S. Senior	Application	course to	your needs,
Specialist,	AMD Dear Ron,	and ask lots	of questions
I really got	a lot out	about how	and what is
of this course.	At the beginning	effective,	and why. The
I was a little	hesitant,	reading material	in the course
but you were	right about	is very inspiring,	and continuously
giving it	time. The	strives to	push you to
affirmations	in your manual	the next level.	And lastly,
helped me	in believing	do your homework,	that can't
I could do	it- as well	be stressed	enough. I
as your teaching	and your motivational	know I should	have :-) Good
E-mails. Those	were great!	luck, P.S.	Senior Design
Aside from	my new skill,	Engineer,	AMD Before
I've left	with more	the class,	my mind would
self-confidence.	I wish all	wander while	I read and
my teachers	in the past	I needed to	read over
could have	been like	the material	multiple times
you. You were	right there;	to really	absorb it.
as our coach,	motivating	Now I have	more focus
and believing	in us. That	and I can	read faster
helped a lot.	PS, I loved	than before	and even understand
the "thought	for the day"	what I've	read afterwards.
Evelyn V.	Senior Administrative	Thanks, Ron,	and I like
Assistant,	AMD I highly	your thought	of the day
recommend	taking this	in the Emails.	Melissa C.
course. It's	easy, it's	Systems Development	Engineer II

AMD This course	will help	of Emails	and this class
me concentrate	more on the	really improved	my speed.
details in	my other courses.	What used	to take me
Previewing	will be the	five minutes	now takes
biggest help.	The other	me two minutes	and I will
biggest help	will be the	improve! Thank	you, Ron!"
Pattern Reading.	There will	Koogee Strutner	Sr. Admin,
be less fatigue	and boredom	AMD "I'm	Ella, I work
when reading	minute details.	as a Sr. Administrative	Assistant
Trenor S.	Senior Facility	at Advanced	Micro Devices.
Engineer,	AMD "I've	I always wanted	to read faster
thoroughly	enjoyed my	and comprehend	more. When
SuperReading	class. The	the SuperReading	class announcement
benefits will	last a lifetime.	was sent to	me I immediately
I have regained	confidence	enrolled.	The first
in my abilities	to read and	class I attended	was a fun
understand	information	class. The	teacher, Ron
I read for	work and pleasure.	Cole, was	super. He
The Positive	Affirmations	explained	what SuperReading
and Louise	Hay books	was about	- learning
are also a	gold mine.	to read faster	with effective
It really	works. Hang	comprehension.	We learned
in there-	it's worth	that it would	take us at
the effort."	Carol Knowles	least 21 days	to learn these
Environmental	Staff, AMD	new skills.	Ron gave us
"I will	highly recommend	the books	with which
this class.	It's helped	to practice	our lessons
me a lot.	I read a lot	to speed up	our reading.

These books	had stories	on my computer	screen and
that were	easy as well	recommend	this to my
as fun to	read. The	coworkers."	Fred Byabagye
textbook was	easy to read	Section Manager,	Systems Development
and use too.	I promised	Engineer,	AMD "This
myself to	be open-minded	class identified	certain behavior
and to learn	as much as	traits that	were impediments
possible because	this is a	to reading	at a faster
different	way of reading	pace with	better comprehension.
than I was	used to doing.	I plan to	form a habit
Ron is a very	good teacher.	of practicing	for a 21-day
He is constantly	supporting	stretch. Wish	me luck! Thanks
us students	and made it	for keeping	the sessions
easy to succeed.	Thank you	lively."	Umar Ahmed
Ron for being	a super teacher."	MTS Design	Engineer,
Rafaela Rosales,	AMD "Since	AMD "The	SuperReading
I took the	SuperReading	program is	a course I
class, I do	not have to	think everyone	should take.
read paragraphs	over and over	Not only for	fast reading
because of	lost focus.	but to get	more confidence
I now consciously	comprehend	in yourself.	I enjoyed
every sentence	I read. For	the class	and would
pleasure reading,	I now Preview	take it again	if I could."
a lot and	understand	Doris Wagner	Customer Services
more than	before. I	Rep, AMD	Amdahl Corporation
plan to share	these skills	TESTIMONIALS:	·
with members	of my family.	I was never	a reader and
I use the	mouse to read	had a hard	time concentrating;
		so when I	started back

full time	at school	techniques	in all my
I realized	I needed something.	reading. I	highly recommend
This class	has made a	this course.	Richard Cary,
huge difference.	Ron was genuinely	Principal	Software Engineer,
interested	in our progress.	Amdahl Corporation	Ron, Thanks.
I love the	Eye-Hop exercises.	I did the	Eye-Hops five
They are one	thing that	times a day	most days
sets this	class apart	and four times	the others.
from all the	rest! Anna	I will use	my finger
Francis Program	Coordinator,	from now on.	I really do
Amdahl Corporation	I really enjoyed	appreciate	all that I've
this course.	I took a one	learned. Joel	S. Engineer
semester reading	course from	Before the	class, I was
Mission College	about 10 years	reading one	word at a
ago and didn't	really learn	time, mind	wandering
that much.	I thought	from time	to time. This
the learning	techniques	class taught	me valuable
in this course	were excellent	concentration	skills and
and very relevant.	I especially	trained me	through the
was impressed	with the Eye	Eye-Hop exercises	to read multiple
-Hop exercises.	The use of	words at a	time. So my
the finger	was also key!	reading pace	picks up and
I have achieved	enough improvement	flows now,	and rarely
in the last	few weeks	gets interrupted	or distracted.
to whet my	appetite for	Some skills	taught in
further improvement	and to have	the class	also helped
the confidence	that I can	me retain	the information
improve further	and use these	much better.	I do a lot

of reading	in my work	has helped	me the most
and personal	life. The	has been the	use of my
training helps	me get back	finger for	pacing and
more free	time. Kai	using the	Short Stroke.
W. First of	all this was	Thank you	Russ M. Principle
a fun experience.	I enjoyed	Software Engineer,	Amdahl Corporation
the learning	activity.	Reading before	the course
I felt the	learning activity	was slow,	and word for
is benefiting	me everywhere,	word with	vocalizing.
not just on	the job-related	I had trouble	staying awake
tasks. By	the third	and remembering	what I had
week I felt	my reading	just read.	My favorite
comprehension	had increased;	part of this	class was
but the big	difference	reading the	books- excellent
that I now	notice is	choice of	material.
how I approach	all my reading	Larry M. Software	Engineer,
regardless	of what I	Amdahl My	comprehension
read. Foad	A. Staff Software	and speed	were much
Engineer,	Amdahl Corporation	lower 6 weeks	ago. I really
I have always	enjoyed reading,	enjoyed the	instructor's
but never	seem to have	enthusiasm	and energy.
the time to	read all that	The affirmations	were extremely
I would like	to. I had	valuable.	As my scores
hoped this	class would	increased,	so did my
help me read	faster, and	confidence	and as my
I'm also able	to remember	confidence	increased,
more of what	I read when	so did my	scores. It
required.	I think what	was a great	experience!

Beth F. Client	Manager, Amdahl	Amdahl Corporation	Dear Ron,
Corporation	Ron is very	This was a	very good
energetic	and enthusiastic	class, you	are a very
about the	course and	well prepared	and organized
the material,	and he really	instructor!	The best part
believes that	this course,	of the SuperReading	class for
along with	the positive	me was how	you kept communicating
affirmations,	will improve	with us to	trust ourselves
your skills	and your view	and to have	fun with the
of yourself.	He's right.	reading. I	was a very
The Eye-Hop	exercises	slow reader	before the
were very	helpful for	class with	very little
learning to	pick up speed	retention.	Through the
and to see	groups of	affirmations	in this class
words at a	time. The	I have increased	both areas.
material,	for the most	I would recommend	this class
part, was	very uplifting	(and have)	to others.
and inspirational.	I felt good	Thank you.	Linda Cottle,
after reading	many of the	Operations	Manager, Education
exercises	and looked	Solutions,	Amdahl Corporation
forward to	doing the	Before the	course, I
homework.	I plan to	felt that	I had pretty
work more	on the Eye	good reading	skills, but
-Hops to increase	my speed even	I've noticed	that using
now that the	class is over.	my finger	has drastically
In my life,	I know that	increased	my speed.
I'll use what	I've learned.	The Eye-Hopping	exercises
Ken H. Computer	Tech Support,	really focused	me on seeing

blocks of	words and	books (about	1 to 1.5 books
once I got	going was	a month).	Now that I've
really fun.	Now I just	completed	this course
want to continue	with these	I see that	I can go back
techniques.	D. Tong, Engineering	and read,	not only one
Technician,	Vantis Corporation	book per month,	but 3 to 4.
Dear Robert,	"I was a	That's exciting!	The Eye Hops
word to word	reader mostly	were great.	Instead of
- every word.	Since taking	reading "a"	word at a
the class	I have increased	time, I can	now read 5
my reading,	comprehension,	words at a	time. Training
and speed	at least 4	the eyes to	read faster
times the	original pace	- what a concept!	I love to
(without espresso!)	More than	read, so now	I can enjoy
anything else	I enjoyed	it more. In	the last class,
attending	and just having	during that	crazy exercise,
fun. Keep	helping people	I learned	not to be
make the best	they can of	afraid of	the book.
their reading	skills. Thanks,"	It let me	see that completing
Ray Cardinalli	Use Analyst,	the book was	possible.
Amdahl Corp.	"Before	I went through	that book
class, way	before class	about 20 times	during that
(say 2 years	ago) I read	exercise and	actually picked
everyday,	books that	up lots of	information.
I wanted to	read. I had	Thanks for	everything."
the time.	Now I do NOT	Jose Guerrero	North America
have the time	and I missed	Technical	Support Manager,
not being	able to complete	Amdahl Corp.	"I was a

	and constitu		200/ += 4000/
slow reader	and usually	score from	30% to 100%.
and usually	had to re	Very interesting	course and
-read the	material to	well wroth	attending."
reinforce	the key retention	-Andy Smith,	Store Manager,
of key points.	I like the	ASDA 2 August,	2007 "I
techniques	taught in	enjoyed the	SuperReading
class. They	helped me	course and	got a lot
to increase	my speed and	out of it.	I'm still
retention.	I am picking	using the	tools, especially
up speed and	I have better	the Memory	Room, which
comprehension.	Everyone should	I use daily.	The reading
learn the	techniques	techniques	have really
which should	be used all	helped my	comprehension
the time.	The techniques	and retention.	There's
are the keys	to reading	been a lot	of information
with effectiveness!"	Catherine	to absorb	recently,
Nice Corporate	Credit Manager,	and it's	definitely
Amdahl R.E.	went from	"going in"	better. The
20 to 288	TESTIMONIALS	tools were	very good,
from ASDA:	"I was always	and broken	down into
a slow reader,	however, since	good sized	chunks for
attending	this course	easy understanding.	I recommend
I now know	I am much	this course	for our managers
quicker. I	have found	and anyone	else who needs
reading in	work to take	to understand	what they
at least half	the time as	read. It's	definitely
it used to.	The memory	saving me	time."
test exercise	improved my	- Chris Doyle,	Regional Operations

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Manager, ASDA	"Dear Coach,	felt like	a movie. On
"Although	sceptical,	serious work	subjects I
I picked this	module due	could easily	be distracted.
to not coping	with the amount	I often had	to reread
of reading	I have to	sections and	would still
do in my new	role. To be	find I had	forgotten
smarter with	my time and	the beginning	by the time
not have a	constant back	I got to the	end! The tools
log of work	by reading	we've learned	have enabled
quicker and	smarter. I	me to read	much quicker,
can see a	real improvement	allowing me	more time
from the second	day. My comprehension	for other	activities.
is better,	using the	I am now able	to comprehend
techniques	work and I	my work reading	much better,
realised that	my memory	using the	preview and
is not as	bad as I originally	review techniques.	The eye exercises
thought. It	was difficult	can be challenging,	but keep going.
to get in	the homework	It's worth	it! Putting
with such	a busy life	it all together	and seeing
style, though	it has certainly	the test results	really boosts
helped."	-Richard Gratton,	your confidence	in what you're
Store Manager,	ASDA "To	capable of.	I'm definitely
whom it may	concern, My	glad I attended	this course!"
SuperReading	story has	-Claire Costello,	General Manager
been very	interesting.	of Consumables	& Packaging,
I always enjoyed	reading for	ASDA 2 August,	2007 "SuperReading
fun, even	getting engrossed	has really	encouraged
in books so	that they	me to read	more. I was
	•		

	la accordance de la companya	Um. a4:U	realizate Alaca
amazed by	how much more	I'm still	using the
I remembered	when reading	techniques.	When I read
books, E-mails	and transcripts.	the newspaper	I go straight
I was quicker	at answering	down the columns.	I've found
my E-mails.	Definitely	it very useful.	The memory
worth doing	the course.	room is great.	I use it for
In the first	lesson I was	presentations,	like one I
shocked at	how little	did on coaching	models. I'm
information	I could actually	reading faster	with better
recall after	I had read	comprehension.	I definitely
a passage,	so I was interested	recommend	the course.
to see how	the techniques	It saves a	lot of time
would work.	It was amazing	and makes	reading more
how much faster	I'm now	pleasant.	-Kieran Shanahan
reading. My	reading time	TESTIMONIALS:	Lincoln Law
was reduced	to less than	School "I	am currently
half in three	weeks. At	a second year	law student
first the	eye exercises	at Lincoln	Law School.
were a struggle,	but as I started	What the SuperReading	Course has
seeing results	I couldn't	done for me	is short of
wait to practice	some more.	phenomenal.	Prior to the
Soon I was	encouraged	start of the	course, I
by how much	clearer my	dreaded the	weekly assignments
mind felt,	and how much	which were	on the average
more info	I remembered."	10 to 12 cases	per course
-Sarah Denyer,	ASDA Brands,	(e.g. Real	property,
2 August,	2007 The SuperReading	Corporation	& Civil procedure).
course was	very good.	I knew that	there was
	· -		

no way I could	get through	over those	that do not
this reading	plus brief	get exposed	to it."
each case	for class	Best regards,	Al Younger
discussions,	therefore,	Reading Effectiveness	went from
I relied heavily	on "canned"	55/132 to	392/556 AI
briefs, available	commercially.	Younger Follow	-up: Dear
But since	embarking	Coach: I just	had to share
on this reading	program, I	my experience	taking Civ
found that	I was able	Pro Final.	When I started
to retain	more information	to read the	exams, panic
from the cases	and understanding	struck because	the fact patterns
them more	because of	were unusually	long, so I
the better	approach l've	thought. I	did not want
learned in	the course.	to miss any	"ands", "buts",
Consequently,	I participate	or "ifs",	so I reverted
a lot more	in each of	to my old	way of reading
my classes	and am getting	every word	-very slowly.
better grades	to boot. Additionally,	But the slower	I read the
I am no longer	intimidated	more I was	not comprehending
by t he weekly	homework.	what I was	reading. To
By applying	all of the	make matters	worse, I thought
techniques,	my reading	there were	40 long questions
speed has	increased	but in fact	there were
ten fold along	with comprehension.	in reality	only 20. This
I feel that	if students	did not help	my situation
take this	course, especially	because I	didn't think
incoming students,	they will	I could even	get through
be at a distinct	advantage	the twenty	with the way

I was reading.	Finally, I	a long reading	assignment,
stopped and	did my affirmation,	l utilized	the Previewing
(several of	them) and	Method, which	acted as a
when I calmed	down, I positioned	marker, which	kept me more
my reading	tool (the	focused. This	class was
finger) and	used the skill	really enjoyable	and helpful."
I learned	in your class.	Joe Zizileusticas,	Law Student
I was flying	through the	"Last semester	I did a good
pages and	to my amazement,	job in reading	the required
I understood	what I was	material for	Criminal Law
reading and	issues were	and Torts,	even when
jumping out	at me. I completed	it took me	a lot of time
the exam with	46 minutes	to do it.	I totally
to spare.	I just wanted	gave up on	reading for
to share that.	Thanks & keep	contracts	because the
up the good	work. Al Younger	R2d material	was too boring.
"Dear Ron,	Before I started	I only read	89 pages for
your SuperReading	course, I	the entire	semester.
would lose	concentration	After taking	the SuperReading
during studying.	However, after	Class for	5 weeks I
(the course)	my concentration	decided I	was going
increased	dramatically.	to readR2d	#2 using three
As a result,	my law school	techniques	that I learned
studies became	more bearable	in this class.	To my surprise
and interesting.	Another part	I was able	to read R2d
of the class	that really	#2 and half	of #3 in one
helped was	previewing.	week, reading	6 to 7 hours
This is so	because during	in a day."	After talking

with other	students in	the SuperReading	class helped
the school	I realized	me focus on	one thing
I was one	of only a	at a time.	My reading
few who actually	finished all	speed, my	comprehension
the reading.	The other	and new skills	helped improve
great thing	is that I	my overall	study habits.
have been	able to spend	I have also	found my finger
quality time	with my two	to be my best	tool, and
children.	Before, whenever	l can't	believe I've
I took them	to the park,	had it all	along for
for instance,	they would	free! I also	believe your
play and I	would read.	energy level	in the classroom
Now I have	the time to	helped me	get motivated
really play	with them	each session	we met. You
and give them	the attention	have given	me self confidence!
they deserve.	Thank you.	Thank you."	Jarmen Givargis,
To Ron Cole:	"I began	Law Student	Reading Effectiveness
this class	at first with	went To whom	it may concern:
a very negative	attitude.	"I found	this course
I assumed	my gains would	to be very	helpful. I
be little	if any. Thank	have learned	how to read
you for proving	me wrong.	material at	a quicker
That's a	first. I speak	pace while	maintaining
four different	languages	comprehension.	These skills
and I am not	really sure	have proved	useful in
in which language	I think or	my preparation	for class
pronounce	words. With	(reading cases)	and also while
all these	personal problems,	studying for	final exams.

I look forward	to using my	read carefully	and pronounce
new skills	for some personal	each word	mentally to
reading as	well as future	ensure that	my mind comprehends
school assignments.	I would highly	and remembers."	The instructor
recommend	this course	was formal	but relaxed
to other law	students.	and gently	pushed the
Ron did a	great job,	class towards	improvement.
he is a great	reading coach!	I highly recommend	this class
I think my	success had	to anyone	and look forward
a lot to do	with his enthusiasm."	to future	courses of
Deanna Burneikis,	Law Student	a similar	nature. Wonderfully
TESTIMONIALS	from Chiron	enjoyable	and educational."
Corporation	"This course	Laura Ling	To Mr. Rich
was fun, educational	and very relevant.	Elderkin,	"I would
The techniques	and exercises	like to thank	you for the
introduced	and applied	opportunity	you have given
in this course	were simple,	me. I thoroughly	enjoyed the
easy to remember	and produced	Pilot SuperReading	program facilitated
amazing results.	The increase	by Mr. Ron	Cole. Specifically,
in my RE (Reading	Effectiveness)	I was able	to incorporate
in such a	short time	the "user	-friendly"
boosted my	self confidence	techniques	he has shared
and allowed	me to reduce	with me to	boost my reading
my concerns	about reading.	comprehension	and reading
Some concerns	included,	effectiveness.	I find that
"If I read	too fast,	I am more	focused as
I might miss	one critical	I read any	literature
point."	And "I must	- technical	and non-technical

alike. Mr.	Ron Cole provided	I've gained	as a result
support to	the group	of this course	(e.g. the
when opportunity	needed and	Memory Room)	I use on a
made sure	that he was	daily basis,	and have helped
available	when we had	me immensely.	I would recommend
questions,	issues, or	this course	to anyone
concerns.	His prompt	that wanted	to improve
follow-up	to our inquiries	reading speed	and comprehension.
made our (my)	learning more	I was able	to read a
enjoyable,	effective	600-page book	overnight;
and efficient.	I firmly believe	in the past,	this would
that as an	organization,	have taken	weeks!!"
Chiron employees	will greatly	Robert S.	Fullmer Chiron
benefit from	this course.	Corporation	Testimonials:
It is an added	tool to increase	City University	Law School,
the skills	we have to	London "I	have noticed
strengthen	our organizational	that whenever	one of our
knowledge."	Your colleague,	professors	asks a question,
Jun Pagtakhan	"I started	it's almost	always someone
the course	knowing I	from the SuperReading	course who
was an incredibly	slow reader.	answers it.	Also, they
If only my	speed increased,	answer with	more confidence
I'd have	been happy.	than the other	students,
But the fact	that my speed	and remember	more of the
increased	exponentially	information."	- Vanessa
and my comprehension	increased	Crook, First	Year Student,
from 35% to	90-100% was	City University	Law School
amazing. Some	of the tools	Week 5 of	the SuperReading

Course "I	used to find	'SuperReaders'	and saving
it difficult	to concentrate	so much of	our time!"
for more than	10 minutes	Pamela Tang,	City University
and would	start to get	Law School,	Student (BVC)
distracted.	Reading was	Reading is	not as scary
a very boring	process and	as it was	before. The
always took	up a lot of	most valuable	tools are
my time. SuperReading	has really	pointing and	previewing.
helped change	this. The	It has made	a big difference
'pointing'	keeps me on	to my confidence.	It has also
track so that	I realise	given me an	interesting
as soon as	I drift off.	demo to the	brain power
The 'Eye	-Hop' has	that is normally	dormant. This
really helped	keep me focused	is where my	hope lies.
and long cases	and 'Blackstones'	Ron's fantastic	energy has
don't seem	to be such	of course	spurred my
a difficult	read anymore.	motivation	and made the
Also my memory	has improved	experience	fun as well
because I	used to remember	as beneficial.	Elizabeth
things by	making a story,	Jadon, Student	Conqueror,
but if the	chain breaks	City University	Law School
nothing will	be in the	"My reading	used to be
right order.	The 'memory	a lot slower.	I tended to
Room' is	so clever	get to the	end of a page
that will	never miss	and not remember	anything I
a single detail	again. Thank	had read.	Techniques
you so much	Ron for giving	I have learnt	on the course
us the opportunity	to become	such as pointing	and pattern

reading have	kept me focused	has been obvious.	With the Hopifier
and I am now	able to notice	I will continue	to expand
quickly when	I have not	on what I	have so far
comprehended	what I have	learned. Ron	has been great
read. I now	read quicker	in teaching	this and I
with the help	of the above	look forward	to speaking
techniques	and comprehend	to him periodically	about my successes
more, using	techniques	during my	reading."
such as mind	-map and parroting.	James Partridge,	City Law Student
Ron is an	inspiring	"I was very	sceptical
coach who	has kept us	at the beginning	of how this
well entertained	whilst teaching	would help	me. However,
us invaluable	tools to increase	from day 1	my reading
our reading	effectiveness.	and comprehension	has gone up.
I am now a	lot more confident	I don't	know how I
and a more	effective	survived before.	Reading is
and quicker	reader. Thanks!"	not something	I dread any
Charlotte	Elizabeth	more. The	techniques
Gambling City	Law Student	have helped	me get through
"Before,	my reading	heaps of reading	effortlessly."
certainly	had been a	Michael Cheng,	City Law Student
problem. SuperReading	has provided	"Before	this course
me with the	tools with	began I was	struggling
which I shall	be able to	immensely	with keeping
continue the	improvement	up to date	with my reading.
I have thus	far encountered.	I have found	that through
When I have	done the Eye	the skills	I have learnt
-Hop the difference	in my abilities	on the course	I have made

a tremendous	achievement.	6 weeks ago.	I am not sure
The Eye-Hops	and Pattern	that I was	really reading
Reading have	enabled me	prior to this	course because
to reach reading	effectiveness	my comprehension	was lower
scores that	I had hoped	than I would	have liked
for and the	best thing	and although	I love to
is that it	doesn't	read for relaxation,	I found reading
stop here.	This will	for law draining	and I often
keep on improving	through the	lost focus.	Reading cases
continuous	implementation	was great	but textbooks
of these skills.	I guess now	really took	it out of
the problems	I had prior	me. The best	way to describe
to taking	this course,	my academic	reading would
which was	the drifting	be "forced"	or perhaps
off and the	forgetting	"laboured."	I was constantly
is not a problem	anymore. I	re-reading	because I
am extremely	happy I took	didn't trust	myself to
this course	and couldn't	retain the	information.
recommend	it enough.Thank	I was always	highlighting
you Ron Cole	Super	and taking	notes as I
Coach."	Iman Abdallah	went because	I thought
"I start	with the affirmation,	if I highlighted	and noted
"I love	to read"	I store the	information
because I	have found	mentally.	The effectiveness
it to be really	beneficial	of these methods	was okay,
and it is	probably what	but the time	required was
I was most	cynical about	impossible	to find. SuperReading
when I began	to SuperRead	has definitely	changed the

way I approach	reading and	thinkers or	critics but
I believe	for the better.	rather enthusiastic,	committed
The key skills	that have	persons. Being	a law student
worked for	me have been	the urge and	necessity
affirmations,	preview and	of being able	to speed—read
review, parroting,	speeding up	volumes of	books is inevitable,
towards the	middle of	and thence	the starting
the page,	colour backgrounds	my academic	year of my
and self-test.	The important	degree led	me on my search
thing I take	away from	to conquer	my reading
the course	is increased	comprehension.	I was therefore
confidence	in my reading	intrigued	when I heard
retention	and absorption.	of the SuperReading	course, and
Using columns	has cut my	I am thrilled	to say the
case reading	by about 4	least. The	practical
hours a week.	I definitely	but essential	reading methods
think I have	unlocked potential	imparted are	continuously
yet to be	revealed!	improving	my reading
I will be	interested	comprehension,	speed and
to see how	I am reading	confidence.	The SuperReading
in a few months,	and long-term	course certainly	breaks the
I really can't	imagine reading	mould. I just	wish I had
something	I haven't	done it sooner!	Thank you,
previewed."	Ms. E. Alleyne,	Ron." -Nazma	Miah City
City University,	LLB(2) "SuperReading	University,	LLB1 "I
breaks the	mould of traditional	quickly realised	what a God
reading habits.	The course	-awful daydreamer	I am when
is not made	for the rational	reading and	how little

I take in	and that my	tools. Also	previewing
reading speed	was ill matched	and reviewing	techniques
to my retention.	I also noticed	taught are	very useful.
the bad habits	and sub-conscious	I am going	to carry on
attitudes	I bring to	using the	techniques
academic reading	and how bringing	suggested	and Ron has
those to the	fore helped	encouraged	contact even
me address	and overcome	after the	end of the
them. The	techniques	course- so	I look forward
employed,	particularly	to seeing	how my reading
review, Eye	-Hops and	develops."	Syed Ahmed,
The Backwards	S have really	CPE City University	"I definitely
improved my	reading effectiveness	read much	faster now
and I find	myself speeding	than before.	I am confident
through text.	But arguably	that my reading	speed will
the most useful	techniques	continue to	rise, because
for me have	been the magnetic	I will continue	using the
questions,	which really	techniques	and exercises
and give meaning	to reading	in the future.	I have made
and a constant	prompt to	a list of	books I want
deeper comprehension."	Shaun Butler	to read and	made them
City University	"The course	into firm	goals for
has been very	well formulated.	specific time	periods, so
The process	flows smoothly	I feel sure	that I will
and logically.	Instructor	be able to	use my faster
is very professional	and genuinely	reading for	yet more and
caring. Eye	-Hops and	faster personal	development.
Memory Room	are very good	I read "The	Economist"

each week	and now I	challenge,	memorizing
find that	l've easily	the room was	painful but
finished last	week's edition	a great sense	of achievement
by the time	Friday comes	came from	getting it
around again.	SuperReading	right and	using it adequately.
has helped	me read law	Preview, I	believe, is
texts faster.	I need to	the conqueror	of all fears.
read, understand	and retain	Once a text	has been browsed,
principles	from a host	the confidence	to read grows
of law practitioner	texts, and	a thousand	-fold. The
I'm already	finding that	Eye-Hop exercises	test your
I can understand	what is being	ability to	focus and
said better.	I think this	at the same	time give
principally	because I	you the tools	necessary
read faster;	I can take	to be able	to pick up
in the arch	of an argument	multiple words	at the same
or history,	without trying	time. A fantastic	experience.
to understand	it brick by	One that I	can only build
brick."	Benedict Rodgers	on. Besides,	how difficult
City University	BVC "SuperReading	can it get?	I'm now
has been a	fun, wonderful	a SuperReader!	Thanks to
but challenging	experience.	Ron!" Charles	Udemezue City
Ron is a "Super	man." Focused,	University	Post-graduate
pleasant,	amiable and	Law II "Excellent	course. I
approachable.	A sterling	think it will	take a bit
example of	what an instructor	of time for	me to realize
should be	like. The	the full effect,	but the techniques
memory test	has been a	I have learned	are really

useful and	I anticipate	that I will	know all that
great improvement	in reading	is needed	from the book.
speed and	effectiveness.	This is with	Ron's help
I am already	able to focus	of visualization	techniques
much better	and to get	and also confidence	building with
through difficult	material with	reading. The	memory techniques
much less	effort and	are great	for memorizing.
anxiety. I	find the Eye	The best tool	is definitely
-Hop technique	the best for	'the finger',	a tool we
improving	speed of reading.	all have,	but under
The memory	room is amazingly	use. The skills	have made
effective.	In general,	a great difference.	These are
the course	has been very	skills that	I can continue
good for improving	my confidence	to use in	reading and
with reading.	I no longer	in life and	career. They
feel as if	things I want	are skills	that I know
to read are	inaccessible	will get better	and better.
or will take	me forever.	Eye-Hopping	was also an
I feel I haven't	yet reached	excellent	tool- it brings
my full potential,	so will continue	fun to reading.	The instructor,
to practice	these techniques	without saying,	was great.
for the coming	weeks."	It was great	fun learning
Jessica Boyd	City University	with Ron-	definitely
BVC "Reading	before was	makes the	day a lot
quite mundane,	however now	brighter attending	this class.
I approach	law books	I definitely	have a lot
with excitement.	I look at	more confidence	in myself.
the book and	think confidently	The best skill	was probably
	•		

affirmations	which help	comment to	me was how
you learn	a lot about	surprised	they were
yourself and	teach you	at how fast	l'd read
to achieve.	They also	their four	pages of type
help you realise	when you are	and still	be so well
putting yourself	down, and	able to comment	on it fully.
help you change	your attitude	It is hard	to do the
to a positive	one. Overall	course in	the sense
a great course	and I would	that you feel	you are unlearning
recommend	it to anyone	old habits	(which seem
who wants	to earn to	to die hard!)	and it's
be better."	-Chan Dhillon,	easy to slip	back into
City University	LLB III "I've	old habits	and lazier
really enjoyed	the course.	ways. But	very much
I realise	that to continue	worth the	effort and
improving	I must keep	pushing against	the lazy ways.
practicing	and I plan	The Prepare	method coupled
to. It feels	potentially	with the note	taking maps
life changing	in terms of	l've got	lots from.
my studies	and especially	I'll miss	the classes
learning to	trust yourself	but will continue	to work on
and therefore	achieve potentials	my superreading	and confidence
you didn't	think you	in my skills!	I wish I had
could open	up. I read	the opportunity	of this course
something	for a friend	before my	CPE last year.
earlier this	week. They	It would have	greatly helped
wanted me	to comment	get through	the reading
on what they'd	written. Their	but I'm	glad to have

done it now."	Caroline Brockbank	the daily	E-mails."
City University	BVC III "Reading	Cindi Van	Graan City
has become	less stressful	University	LLB III TESTIMONIALS:
and overwhelming.	Affirmations	CITY LAW SCHOOL	London, DEC.
as well as	the weekly	2007 "My	SuperReading
sessions have	increased	skills have	made a huge
my confidence	in general	difference	to my studying!
and in relation	to reading.	When doing	coursework,
The memory	room is effective	I found I	was just zipping
and fun. Remembering	a list and	through large	textbooks,
concepts are	easier and	soaking up	all the information
more enjoyable.	Ron provides	I needed.	. In tutorials,
an environment	with constant	I've noticed	that when
support and	guidance that	our professors	ask questions,
cannot be	achieved through	it's members	of this class
self-taught	materials.	that tend	to answer
I intend to	continue using	the most questions,	and with more
the tools	- using my	confidence	and accuracy.
finger and	previewing	The best tools	for me are
have become	natural habits.	pointing (so	that I don't
Reducing narrow	columns is	lose my focus)	and pattern
a function	I automatically	reading, which	keeps me flying
use on the	computer.	through the	text. I'm
The classes	are fun and	really glad	I participated
you are able	to interact	in this course.	It was lots
with individuals	who are at	of fun and	really useful!"
various levels	of their studies.	Vanessa Crock,	Law LLB1,
l always look	forward to	City University	Law School,

5 December,	2007 "Before	City University	Law School,
the SuperReading	course I found	5 December,	2007 "In
that reading	textbooks	the beginning,	I was slow
in particular	caused retention	at reading	and found
of the content	to be xxx	it difficult	to understand
on the first	read and the	what I was	reading. I
pace which	I read to	had to read	twice in order
be quite slow.	Now having	to understand.	Once I saw
acquired the	techniques,	how many law	books I would
I have dramatically	increased	have to read,	I was scared.
my reading	speed, but	However, I	chose to try
more importantly	my reading	SuperReading	which has
effectiveness	is at a sufficient	definitely	brought a
level. This	has helped	huge improvement	in my reading
very much	in relation	speed and	comprehension.
to reading	judge's	Ron was really	fun and that
speeches in	the text books.	was what made	the SuperReading
I have thoroughly	enjoyed the	course interesting.	I will continue
upbeat and	supportive	to practice	in order to
nature of	the course,	improve my	reading speed
as it is always	motivating.	and effectiveness.	I will recommend
I will take	and use the	this course	to anyone
techniques	to do with	and everyone!"	Sehrish Mahmood,
reading, but	also the ones	Law LLB1,	City University
in relation	to positive	Law School,	5 December,
thinking.	These have	2007 "It	was really
really helped	with my confidence."	strange how	you suddenly
Natasha Birchall,	Law LLB1,	notice that	your brain

is reading	in a completely	Law School,	5 December,
different	way. I often	2007 "I	have found
notice that	'the voice	from the course	increased
inside my	head' that	reading speed	as well as
speaks each	word as I	greater concentration	whilst doing
read it is	not talking	so. My ability	to stay focused
anymore- but	I'm still	whilst reading	meant I was
reading and	still know	comprehending	more of what
what the text	is about.	I was reading.	So I am now
The Hopify	web site was	learning more,	and faster.
amazing. At	first I was	I have found	in particular
reluctant	to do my Eye	that the Memory	Room, Eye
-Hops, but	when I started	-Hops and	the 'reading
to notice	the difference	finger'	the most useful
I just wanted	to do more.	things and	I am determined
I struggled	trying to	that over	Christmas
find enough	texts to Hopify	I can get	my R.E. score
in the end.	I would spend	to 1,000 with	more Eye-Hops."
hours on the	Internet trying	Daniel Sibley,	Law LLB1,
to find something	to hopify,	City University	Law School,
seconds actually	hopifying	5 December,	2007 "Dear
it, then only	a few minutes	Coach, Thanks	for all these
to read it	all. The difference	helpful tools!	Despite you
is easy to	see, and it's	reminding	us all the
only by looking	at my graph	time, I didn't	do my Eye
that I realise	just how much	-Hops as much	as I should
I have improved."	Hannah Chalmers,	have! I will	do my best
Law LLB1,	City University	to carry on	with it because

I really see	a difference.	saving me	time with	
I love the	Memory Room!	my work, as	I know that	
I used to	forget everything	by scanning	through I	
and this really	helps me,	will pick	up the things	
as well as	does Mental	I need. Generally,	I feel more	
Shouting.	So overall	confident	in my approach	
I am really	pleased I	to reading.	Ron has been	
made the decision	to some to	an excellent	instructor,	
this course	and I'm	clearly enjoying	his work and	
sure l'll	benefit from	knowing he's	helping us	
it in many	aspects of	- he's very	enthusiastic	
my life! So	thanks again"	and lively."	Alison Sargent,	
- Marion Peuron,	Law LLB1,	Law LLB1,	City University	
City University	Law School,	Law School,	5 December,	
5 December,	2007 "Before	2007 "Since	starting the	
I started	the SuperReading	SuperReading	Course, I	
course I found	my textbooks	have definitely	noticed my	
an absolute	chore to try	comprehension	of texts has	
to read- a	real struggle.	gotten better.	The finger	
I now am finding	them easier	is a very	useful tool	
to plough	through, although	and I now	use it for	
the content	is still as	everything	I read. Previewing	
difficult,	I'm less	and Reviewing	are also very	
put off trying	to read them.	helpful. Ron	is very funny	
I've found	the previewing	and keeps	everyone's	
very helpful	to pick up	attention	in class well.	
the key ideas	I'm looking	I think his	delivery of	
for. In this	sense, it's	the course	is very good.	

The memory	room is something	to continually	review difficult
that has worked	particularly	or boring	legal concepts.
well for me	and is easily	Further to	that, my comprehension
applicable	to any new	has rocketed	upwards- helping
material.	The reading	with everything!	Uncle Ron
tests were	very good	makes reading	fun!" Jack
as they did	give you an	Houselander,	Law LLB1,
indication	on how your	City University	Law School,
reading skills	are improving	5 December,	2007 "Coach,
throughout	the course.	Doing SuperReading	has certainly
I would recommend	this course	been worthwhile!	I first noticed
to anyone	taking a course	the difference	in my reading
that requires	a lot of extra	within a week	of starting.
reading."	Miranda Ralph,	The Memory	Room is too
Law LLB1,	City University	good to be	true. I went
Law School,	5 December,	from getting	5 out of 20
2007 "Pointing	and Previewing	in the induction	talk to 20
have made	a huge difference	out of 20	for every
to how long	I can stay	other one	- it was so
focused. Magnetic	Words make	easy! The	Eye-Hops are
me want to	read boring,	very good	and really
dry material.	Pattern Reading	make a difference	when you come
is great for	pleasure reading.	to reading	a daunting
I've never	read a newspaper	textbook.	All you have
or novel so	quickly! I'm	to do is breathe	in, get out
saving more	than half	your 'magical	reading tool'
my time by	not getting	and get on	with it. Any
frustrated	and having	future SuperReaders	will greatly

benefit from	this course.	our higher	comprehension
Just look	out for the	and speed,	we are processing
amazing final	session"	the E-mails	so quickly
Jack Evans,	Law LLB1,	that our responses	are going
City University	Law School,	out Monday	afternoon!
5 December,	2007 TESTIMONIALS:	Each team	member has
Apple Computer	"I am the	cut, on average,	twenty-eight
Senior Engineer	of Apple Computer's	hours of work	down to five.
Global Response	Team. We are	Furthermore,	we have seen
responsible	for solving	an improvement	in the quality
the problems	of Apple end	of our responses.	Previously,
-users all	over the world.	we received	numerous E
The SuperReading	course has	-mails from	our customers
helped us	to more than	complaining	that we did
quadruple	our productivity.	not answer	the question
When we come	into work	they had asked.	We were misreading
on Monday	morning, we	their questions.	As a result
begin the	task of sorting	of our higher	comprehension,
through thousands	of E-mails.	we've measured	a drop in
We need to	understand	complaints	of 85%. Thank
the problem	and group	you for offering	such a useful
the e-mails	according	tool which	has made our
to the appropriate	answers. Until	jobs so much	more fulfilling.
the SuperReading	course, this	I'm sure	our customers
process was	not completed	appreciate	it as well."
until Thursday	afternoon,	David Lake,	Senior Engineer,
when we would	send out our	Apple Computer	Global Response
grouped responses.	Now, with	Team I have	received benefit

from the SuperReading	class in that	faster, my	comprehension
I now can	read much	has increased	also. It is
faster with	comprehension,	useful to	be able to
where previously	I just thought	read an article	three times
I was reading	fast. The	or more in	the time it
class provided	a series of	used to take	me to read
tools for	use with different	it once. Cameron	Otzman, Apple
types of reading	material.	Computer Ron,	I believe
Now the task	is to use	that you have	given me great
each of the	tools appropriately	tools to help	me improve
and continue	to increase	my reading	and comprehension.
my capability.	Mark Hansen,	Thank you.	Clifton Morgan,
Technical	Writer, Apple	Apple Computer	I really enjoyed
Computer,	Inc. The course	this class.	It was fun
offered a	disciplined	and entertaining.	I learned
and systematic	approach to	that there	are several
improving	my reading	different	reading techniques
rate and comprehension	- presented	and you should	apply different
by Ron in	a fun and	methods for	different
non-intimidating	environment.	types of reading	material.
A great skills	building and	The most important	aspect of
team building	exercise!	this class	is that my
Thanks Ron!	Bob McConachie,	reading speed	increased
Advisory Support	Engineer,	about five	fold and reading
Apple Computer,	Inc.Reading	effectiveness	increased
My reading	skills have	seven fold.	I recommend
increased	four-fold.	this class	for anyone
Not only acn	I read much	looking to	better their

reading skills.	Scott George,	waits for	me to finish.
Senior Support	Engineer,	Thanks! Linda	Sorbi, Technical
Apple Computer,	Inc. Dear	Product Support	Engineer,
Ron, Thanks	for presenting	Apple Computer,	Inc. Using
me with all	the new methods	your techniques,	I was able
for improving	my reading	to dramatically	improve my
speed and	comprehension.	reading speed	while not
Also, thanks	for the realization	compromising	my comprehension.
that attitude	is very important.	Considering	I missed one
The affirmations	and positive	class I have	nothing but
thinking in	class, and	confidence	that I can
in the reading	material,	improve further.	The instruction
was a good	blend. Your	was enjoyable	and the tips
frequent E	-mail reminders	helpful. Great	Job! Garrett
helped me	to stay focused.	Wilson, Product	Support Specialist,
Doug Korns,	Apple Computer,	Apple Computer,	Inc. Ron,
Inc. This	class has	I really am	thrilled by
set me on	the course	the skills	learned in
to faster	reading with	the course.	I wish I had
increased	comprehension.	found out	about this
Before the	class ,I was	earlier. I	finished a
definitely	a "slow" reader.	Master's degree	(in Human
After this	class, I am	Services/Conflict	Resolution)
more confident	about reading.	in August	which would
Also, I don't	feel as self	have been	much easier
-conscious	about the	if I could	read as fast
time it will	take me to	and retain	as much as
read something	while someone	I am now.	While I liked

to read, I	dreaded having	go through	any material
to study or	read lengthy	and read through	the page as
research papers	as my mind	if I'm skimming	and pick up
would frequently	wander. The	about 80%	of the material
preview and	pattern reading	in much less	time. I am
techniques	really help	able to read	through several
me to focus	my mind. I	chapters in	a book and
am still planning	on going to	pick up all	the necessary
law school	in the next	information	for tests
year or two	so you better	in minutes,	instead of
believe I'll	keep practicing.	hours because	I am able
For now, it	does seem	to focus on	the material
to be helping	me get through	and didn't	have to reread
the average	2000 posts	a paragraph	10 times because
a week on	the discussion	my mind wandered.	SuperReading
board that	I monitor.	saved me a	lot of time.
Thanks again	Todd Hart,	I feel smart	when flying
Apple Computer,	Inc. TESTIMONIALS:	trough a book	and people
General Dynamics	Before taking	are watching	in disbelief."
this class,	l didn't	Hong Lam,	Software Engineer
enjoy reading	because I	General Dynamics	Dear Ron,
could never	comprehend	Thank you	for spending
much, so it	was like a	your time	teaching us
waste of time.	I would usually	life-long	useful tools
just read	little articles	for reading.	I became a
from magazines	and newspapers	pro at the	memorization
that I had	interest in.	room and am	finding myself
Now I am able	to quickly	to be a much	more efficient

reader. My	favorite part	Before the	class reading
of this course	was your enthusiasm	was always	slow. I enjoyed
and belief	in our reading	your sense	of humor in
capabilities.	I truly believe	the class.	Now that I
this class	should be	have learned	techniques
taught to	children.	to improve	reading I
I have been	showing my	can read and	absorb/comprehend
13 year old	daughter my	much better.	I could have
new skills	and her reading	done better	if I had more
skills have	now improved.	practice on	eye-hop. Thanks
She also has	a better attitude	for the class,	what I have
toward reading.	Thank you,	learned in	this class
and I'll	continue to	certainly	will stay
use my SuperReading	skills. Odilia	and help me	life long.
Cupp, Benefits	Administrator	Sincerely,	Kevin Lai,
General Dynamics	Ron, I really	Sr. Lead Engineer	General Dynamics
enjoyed the	memory room	Reading before	the class
and tests.	It was amazing	was with no	finger, always
how I could	remember 20/20	going back.	More fun now,
things when	attached to	I can absorb	more and memorize
objects in	the room.	more. Benjamin	Yeung, Software
I use the	reading skills	Engineer General	Dynamics Wow!
I have learned	when reading	Reading made	simple, these
papers and	magazines	techniques	really work!
at home. Reading	novels I enjoy	Before the	class I had
pacing along	savoring the	to read and	reread material
literary experience.	Randy Nelson,	many times	to get basic
SW Engineer	General Dynamics	information	from it. Now,

using these	techniques	of material	I need to
I am able	to read material	read and some	that I want
in a systematic	way and glean	to read. I've	been using
more information	from it one	the techniques	and plan on
time through	vs. the many	continuing	to use them
times through	I used to	and pushing	myself to
do; and with	better understanding.	do eye-hops.	I appreciate
Richard Gayhart,	Engineer General	Ron for introducing	these skills
Dynamics Before	taking this	to us and	for making
class, I never	used comprehension	the class	very enjoyable.
techniques	and would	I loved all	the stories
quickly forget	things I read	in the eye	-hop. I especially
unless I was	truly interested	loved the	story Ron
in the material.	I think the	wrote about	the walking
best technique	I learned	tree. I'll	definitely
in this class	was to "Preview"	read the story	to my precious
the material	first. I can't	little grandsons.	Thank you
believe how	much this	very much	for making
has improved	my ability	the class	fun and full
to remember.	However, there	of useful	techniques.
is still room	for improvement.	I recommend	this course
I know that	if I continue	for everyone.	Vickie Ragle
to exercise	the skills	General Dynamics	Ron: I enjoyed
taught in	class, I will	taking your	class and
continue to	improve in	I can honestly	say that I
my ability	to retain	have learned	very valuable
what I've	read. I love	reading skills	that I will
to read and	have tons	continue to	apply in my

everyday reading.	This course	-hopping has	taught me
has increased	my comprehension	to read words	in groups,
and retention	considerably.	and also helped	me with my
I believe	taking this	comprehension.	The memory
course has	helped me	room is a	great tool
in remembering	facts in general.	that should	come in handy
In all I say:	CLAP! S.P.	in the future.	Thanks for
Skare, Senior	Specialist	the classI	will continue
-Technical	Writer General	to practice	the skills
Dynamics In	one word,	l've learned,	and look forward
focus, comes	to mind. This	to becoming	a much better
ability, and	realizing	reader in	the years
that the mind	wanders were	to come. Thanks	again Doyle
probably the	two most important	Robinson,	SCM Engineer
ideas. Previewing	and Finger	General Dynamics	Dear Ron,
pointing were	tools that	Reading was	a chore before.
effectively	brought focus	I never thought	of previewing
into view.	I am an adult	a document.	l always just
ADD with a	child of same	"jumped	in" and
ilk and these	methods will	trudged through	it! I was
greatly improve	my reading	lucky to recall	any important
comprehension	and maybe	points. Previewing	gives me a
I can help	my son also.	feel for what	to expect
Thanks, Jeremy	Toby, Sr,	from the document.	A lot of material
System Engineer	General Dynamics	I'm expected	to read is
I enjoy reading	a lot more	just worth	a good preview
now. No more	reading one	and a fast	scan- Dan
word at a	time. Eye	G. General	Dynamics Dear

Ron, I've	totally enjoyed	General Dynamics	Before the
this class.	Not only did	class I had	difficulty
I increase	my reading	getting into	a rhythm.
speed, but	I am able	I found it	difficult
to really	concentrate	to read for	long periods
and retain	the information.	of time. After	the class
Before taking	this class,	I feel I read	more fluidly,
I would read	(books, magazines,	and as a by	-product read
etc.) and	look up wondering	slightly faster.	I feel the
what I had	read. I now	eye-hops are	very beneficial.
can concentrate	using my magic	I honestly	didn't do
pointer and	catch myself	enough, but	hopefully
drifting.	What I liked	I will continue	to get better
most about	the class	at them and	will improve
was the memory	exercise.	my speed &	comprehension.
I would have	liked to do	The previewing	and parroting
a bit more	of that- maybe	are valuable	techniques.
memorizing	other types	Ben Oliver,	HW Engineer
of material	aside from	General Dynamics	Dear Ron,
lists. I have	a problem	I believe	this course
remembering	things now,	is an effective	one. Reading
while I prided	myself when	before the	class was
younger on	having an	enjoyable	for me for
excellent	memory. What	the most part.	Upon completion
I got most	out of this	of this course	I feel like
class were	techniques	I am probably	reading with
to help me	concentrate.	more effect	and somewhat
Dolores Li,	Software Engineer	faster. My	favorite part

of the course	is the memory	confident	in memorizing
room. I think	it is an interesting	data. The	skills are
method for	retaining	valuable to	me because
information.	These skills	I can enhance	my reading
are now and	will continue	performance	and retention.
to be valuable	to me in order	This should	help me in
to remain	effective	my work. Others	should know
and excel	at my job.	that there	are simple
I hate to	fall into	methods that	enable us
the eye-hop	ditch, but	to better	read and retain,
if I were	to recommend	and they are	easy to learn
anything to	future students,	and apply.	Thanks. Beatrice
it would be	to practice	Chateau, Introduction	Manager, HP
eye hopping	more. Rueben	At first I	had my doubts
Collins, Training	Coordinator	about this	class. I had
General Dynamics	TESTIMONIALS:	seen ads on	TV before
Hewlett-Packard	I really like	and couldn't	believe what
the testing	exercises	they were	showing. But
the best because	it really	the "Eye	-Hops" were
shows how	I performed	exercises	that really
and how I	applied the	began to help	and made me
skills. I	liked the	understand	that there
"Parroting"	because it	is some work	involved and
demonstrated	how deeply	"retraining	the brain"
I retained	information.	is really	what it's
I feel I can	retain more,	all about.	I hope to
and have learned	skills that	continue my	progress and
I can use.	I feel more	grow my skills	even more

in the future.	Andrew Heymann,	All parts	of this course
Marketing	Manager, Hewlett	build on one	another, which
-Packard To	whom it may	have made	me view reading
concern, Dear	Ron Cole,	in a more	positive way.
Thank you	for offering	I now want	to read and
your SuperReading	course. My	will continue	with Eye-Hopping
comprehension	has increased	(exercise)	and Affirming
since class	one and I	to myself	that I CAN
feel confident	with the techniques.	and WILL do	better and
I'll be	able to retain	better. It's	never too
more detailed	information	late to better	oneself and
while reading.	I used to	building one's	knowledge,
daydream quite	a bit while	which the	skills provided
reading and	with using	here have	coached me
my finger	at point at	to move on	and grow.
the written	material.	Rebecca D.	Ramirez, Hewlett
If I do now	start to daydream,	-Packard Dear	instructor,
I could stop	and refocus.	Your Super	Reading class
Thank you	for your help	was excellent	and very helpful.
with my reading	skills. Thanks	I can feel	my reading
 Victor Navalta, 	Product and	skill improving	and I can
Service Consultant,	HP Credit	see reduction	in reading
Union Before	I started	time. Reading	books and
this class,	I tried to	articles are	much easier
avoid reading	at all, which	and enjoyable	for me. I
was not an	easy task	would recommend	this class
since I am	loaded with	to anyone	who wants
email on a	daily basis.	to improve	his/her reading

skills. Thanks,	James Hsieh,	course helps	me to establish
Financial	Accountant,	a good reading	habit. I wish
Hewlett-Packard	SuperReading®	I took this	course in
TESTIMONIALS	from IBM:	my early age.	Lei Z. Advisory
My comprehension	went from	Engineer,	IBM I come
50% to between	90 and 100%.	from a country	where English
The techniques	of Preview	is not taught	until in high
and Review	really work.	school. But	I love reading
Impressive.	I liked the	in all languages	I know (only
stories and	the affirmations.	two for now).	Every time
Thanks, Ron,	it's been	in the library,	I wished I
a pleasure.	Tim W. IT	could read	English faster
Specialist,	IBM This is	so that I	can read more
a good systematic	learning experience	books in English.	I was excited
to improve	my reading	when I found	out about
skill. At	the beginning	this class	and I was
of the class	I was reading	surprised	when the "tricks"
too fast with	little comprehension.	taught in	the class
This course	helps me pay	actually work!	They sound
good attention	to details	simple but	are very helpful.
by parroting	what you read.	I regret that	I didn't do
Review is	a good method	all the Eye	-Hop as requested
to learn what	you really	after the	first two
grasp from	reading. Now	weeks, but	nevertheless
I get used	to the preview,	I still more	than tripled
which helps	me to judge	my RE. Best	of all, now
whether or	not to continue	I'm very confident	that when
detail reading.	Overall, this	I stand in	front of a

bookshelf	I know I am	-reading!!	Understanding
becoming a	better reader	what you have	read is equally
and will be	even better	important	to how fast
as I know	how to improve	you read.	The techniques
my RE. I'm	looking forward	learned in	SuperReading
to reading	more in English.	allows the	student to
Thanks. Mann	D. Advisory	combine speed	and comprehension
Engineer,	IBM I've been	to the best	advantage.
a poor reader	all of my	Students learn	the techniques;
life. It has	always been	practice brings	about the
difficult	for me to	skill. This	course motivates
focus and	maintain concentration	the student	to overcome
while reading.	l've always	old habits	and learn
had to read,	re-read, and	the new and	improved habits
re-read again	just to get	which will	make you a
the meaning	for the first	super reader.	Fred W. Engineer,
time. I experienced	immediate	IBM SuperReading	introduced
results from	day one in	me to simple	yet effective
this course.	My initial	techniques	to significantly
RE score was	so low it	increase my	reading proficiency.
may as well	have been	The process	of Preview,
zero. I enjoy	reading now	Quick Read	and Review
and get a	great deal	allowed excellent	comprehension.
out of it	on the first	I'm confident	that with
read. It's	awesome! Thanks	continued	application
Ron! Greg	Smith Test	of and practice	with the ideas
Engineer,	IBM SuperReading	and tactics	espoused in
is more than	just speed	this course	that I can

even re-triple	my reading	style. He	was exceptional
skill. Bob	G. Senior	at reading	the class
Scientist,	IBM I have	and knowing	when a change
improved in	reading faster	of pace was	needed to
on the printed	page and on	hold or maintain	our attention.
the PC screen.	My speed did	Carl E. IBM	I never thought
jump from	195 words	I could read	as quickly
per minute	to 680 words	as I am reading	now. It really
per minute,	with occasional	does help	to challenge
peaks in the	700s and 800s.	yourself in	reading faster
When I get	past certain	than you thought	you could
mental blocks,	I'm looking	read. If I	could learn
forward to	reading 1600	to use positive	affirmation
wpm with at	least 85-95%	in all that	I do, I could
comprehension.	I really do	have a much	better working
appreciate	the "take	day. I hope	to improve
-home" materials	for future	even more	in my reading
use to increase	reading skills	ability. Lauren	H. Senior
and comprehension.	Sincerely,	Lab Specialist	-Technician,
Fred Scott	II This is	IBM I was	essentially
a class that	anyone can	a "lazy" reader	before, with
be successful	in. I really	middling comprehension.	Now, with
enjoyed the	way Ron was	the techniques	learned from
able to keep	the class	SuperReading,	I have better
very upbeat.	His daily	comprehension	and am no
E-mails were	great for	longer a lazy	reader. Now
motivation.	He showed	I can pay	attention
a lot of creativity	in his teaching	to reading	for longer
•	-	·	

periods and	remember details	not notice	that the lady
that I never	could before.	seated next	to me was
Thanks, Ron,	this should	watching me.	When I was
continue to	provide business	done, she	asked, "Are
benefits to	me, and my	you really	reading that
firm, for	years to come.	fast?" I replied,	"Yes." I then
Tom D. Skills	Leader, SSD,	began parroting	the chapter
IBM I've enjoyed	the Eye-Hop	back to her.	Thank you
exercise reading	material mainly	for this terrific	tool for reading
for the sunny	and motivational	improvement,	Ron! Sam C.
stories told	in a crisp	Senior Lab	Specialist,
and concise	manner. There	IBM I started	at 200 words
are a few	whimsical	with 90% comprehension	and today
and fantastical	stories as	I read at	864 wpm with
well to stretch	one's mind.	100% comprehension.	I know I definitely
I'll always	be conscious	can do better	because when
of the techniques	taught in	I time myself	at home I
this course	and will continue	have gone	as high as
to practice	them. Robert	900wpm with	full comprehension.
L. Senior	Engineer,	I am very	happy to have
IBM For me,	the most pleasing	participated	in this class.
result realized	from the course	Amanda S.	SAP Product
was one in	which another	Support Analyst	Once upon
person noticed	my speed.	a time there	was an IBMer.
I was intentionally	pushing myself	English was	not his first
because I	wanted to	language,	and he spent
read a chapter	quickly. While	most of his	day reading.
I was doing	so, I did	He read the	newspaper

at the breakfast	table. He	End. (except	at bedtime)
read journals	and papers	Markus S.	Engineer,
and articles	and reports	IBM I like	the Eye-Hop
at work. He	read the news	exercises.	Though English
on the web	when he got	is not my	native language,
home, and	he read novels	Eye-Hop really	helps to improve
when he went	to bed. Then	my reading	skills. Thanks
he heard about	a "Super Reading"	a lot, Ron!	Wei-Min L.
course. He	was very skeptical,	Engineer,	IBM I mostly
but he went	there anyway.	recited the	words in my
His reading	speed wasn't	head before.	Now I see
all that bad	in the beginning,	entire word	blocks. I
but when he	started pushing	expect to	improve on
it, he went	three times	what I have	already improved.
as fast over	the course	Rick A. Component	Commodity
of 5 weeks.	He applied	Manager, IBM	I used to
his new skills	to the morning	take a good	two hours
paper, and	he loved it.	to read the	Sunday Morning
He applied	it to the	News. Now	I take less
articles at	work, and	than one hour.	Given time
he liked it.	He applied	and practice	I can do better.
it to the	bedtime reading,	P. Ho This	was a fun
and he hated	it. So he	course. I	learned more
decided not	to apply his	in 5 short	weeks than
new skills	to his bedtime	I learned	in the previous
reading, but	to everything	50 years (51	tomorrow).
else, and	he Super-read	What a great	birthday gift
happily ever	after. The	to myself.	Now when I

look at books	and magazines	Now that I	have completed
they don't	defeat me	the program,	I can say
(in my mind)	like they	that I have	achieved my
used to. I	missed not	reading speed	and comprehension
reading! I	always felt	goals. And	my enthusiasm
I wasn't good	at reading	for reading	as well. I'm
and never	would be.	so pleased	with the results
The best part	about his	that I plan	to get my
course is	it gave me	children into	the program.
confidence.	And I have	Thanks, Ron!"	Julie Cimino,
reference	material to	Investor Relations	Specialist
review if	l ever slow	Lam Research	Corp. "Before
	I still would	the class	I was the
down again.		kind of reader	who "said"
like my son	to go through		
the class	this summer.	each word	in my head.
Thank you,	Arthur T.	I would also	find myself
Diaz IBM	Lam Research	reading, but	not having
TESTIMONIALS:	Zam Roodaron	any idea of	what I had
"Ninety	percent of	just read	in the past
my time at	work is spent	five paragraphs.	I had to reread
reading, and	reading materials	the material	2 to 3 times.
that are technical	such as financial	I thought	of myself
analyst research.	When I saw	as a slow,	lazy reader.
the SuperReading	program offered	Now, when	I want to
at work I	signed up	gather information	from written
immediately,	excited at	material,	I am more
the prospect	of both increasing	focused and	purposeful.
my reading	speed and,	When I put	material down,
more importantly,	my comprehension.	· · · · · · · · · · · · · · · · · · ·	atonar domi,
	• •		

after only	one reading,	plenty of	enthusiasm
I am more	confident	for your SuperReading	course. Congrats,
that I have	the information	and thanks."	Jack Boniface,
I was looking	for. My favorite	Director Product	Knowledge
part is the	testing. I	Lam Research	Corp. I didn't
felt true	progress and	enjoy reading	pretty much
it was very	satisfying."	all my life.	I read slowly.
Stephen L.	Nestle, Training	I just wanted	a tool to
Manager Lam	Research Corp.	double my	reading speed
"Before	the SuperReading	and better	my recall
class, reading	was fairly	and comprehension.	Ron Cole's
speedy but	with poor	educational	experiences
retention.	My favorite	shared in	class were
parts of the	course were	very enlightening.	I actually
the memory	aids. These	pick up books	for entertainment
worked very	well for me.	now. I would	like to tell
I have better	comprehension	others to	use the reading
than before,	and am considerably	skills I learned.	These skills
faster in	speed-reading.	are valuable	for now I
SuperReading	skills help	have the tools	to eliminate
me in reviewing	technical	the reading	handicap I
documents	and management	thought I	had." Irwin
development	preparation	Silvestre,	Design Specialist
(training	sessions),	Lam Research	Corp. To whom
and reviewing	long email	it may concern:	"I had a
attachments.	Ron, your	very hard	time comprehending
presentation	skills are	what I read.	This class
excellent	and you have	made me more	aware of my

reading habits	as far as	work related	material faster
getting an	overview and	and more effectively."	Jeffrey M.
using my memory,	which I have	Wilkins, Quality	Engineer Lam
found very	helpful. I	Research Corp.	"My comprehension
feel this	is a great	before this	class was
course! Thank	you." Veronica	very poor	and definitely
Aguirre, Department	Coordinator	could use	improvement.
Sr. Lam Research	Corp. "Prior	I liked seeing	my reading
to taking	this course,	speed and	comprehension
I would become	easily distracted	going up each	week. I also
and lose focus	on what I	like having	the ability
was reading.	My favorite	to remember	things more
parts of this	course were	easily. I	feel I can
the increased	focus techniques	trust myself	now as I read
and the memory	tools to increase	and know I	will retain
comprehension.	After completing	the information	I need. This
this course,	I find that	is a very	valuable class
I can focus	better and	and I would	encourage
retain more	of what I	others to	take it. Also,
have read.	I also read	this class	was fun- but
much, much	faster. I	very educational.	The skills
would like	others to	I acquired	in this class
know that	they can learn	will help	me in my job
these skills	to increase	as well as	in my personal
their reading	efficiency.	life." Joyce	Bird, Sr.
These skills	are valuable	Admin Assistant	Lam Research
to me because	I can handle	Corp. Testimonials:	London School
technical	writing and	of Economics	"I found

this course	useful. There	course is	worth every
are several	reasons for	minute I spent	on it and
this. My reading	speed has	much more,	full of tips
improved a	lot, but much	on how to	get more out
more so for	my comprehension	of life in	general as
and reading	effectiveness.	well as reading.	Although I
The thing	which I'm	have not practiced	nearly as
going to remember	is the Memory	much as is	desirable,
Room. This	has had a	I have improved	not only speed
big meaning	for me. It	but comprehension	and ability
is so practical	for any kind	to focus.	My reading
of information	you need to	effectiveness	rose from
remember.	My memory	184 to 441,	and I'm
skills have	improved well	sure that	with time
and now I'm	not only using	and practice	and a bit
it for my	exams, which	of discipline	I can triple
I did much	better last	that! I could	not have imagined
week, but	during the	imagining	that 6 weeks
day for shopping	lists and	ago! Now I	am confident
to-do's.	My reading	it will happen.	The single
effectiveness	started at	best "trick"	is pointing
17, and has	gone up to	as I read.	That alone
150. I've	improved a	has transformed	my reading
lot and plan	to use it	and ability	to focus.
constantly.	Piotr Wojcieszko	Many Thanks!"	Linda Heiden
Full time	student at	IT Training	Specialist,
London School	of Economics,	London School	of Economics
part-time	employee "This	"l've	actually learned

not to be	obsessed about	before (which	seems very
speed, but	to relax and	weird). The	classes were
focus on comprehension,	which I believe	always fun."	Werner H.
has improved.	Thanks"	London School	of Economics,
Wim A. Van	-der-Stede	LLM Taxation	"The Eye
Professor,	London School	-Hops are	crucial; and
of Economics	"I definitely	the memory	room, use
feel more	confident	of emotions	and stories
when I have	to read long	was a very	tool for learning
articles and	textbooks,	and revising	 especially
which I often	have to. I	case names	and facts
use the tools	and feel very	in order.	I can now
good about	it. My ability	focus more	with the techniques
to focus has	improved-	from the last	class which
mostly through	the fact that	gives me confidence.	I found previewing
I know I can	do it. The	and the magnetic	questions
power naps	have also	very useful.	I recommend
helped a lot	for that.	concentrating	on the Eye
My reading	speed has	-Hops to future	SuperReaders."
increased,	as I'm hoping	M. Cenktas,	London School
it will even	more. I like	of Economics,	First Year
the Eye-Hopping	and I'm	Law TESTIMONIALS:	Remedy Corp
convinced	it will get	Ron's class	has taught
me where I	want to go	me to focus	and use a
with my reading.	The memory	fundamental	reading tool
techniques	are very useful.	your finger.	It has re
I feel like	I never really	-taught me	to read. The
knew how to	study properly	old way of	reading is

now a myth.	It has given	Programming	class. I used
me an enlightening	approach to	Ron's method	of reading
using our	own instincts.	and found	when I took
To watch my	daughter use	the test I	actually remembered
her finger	to guide her	more than	I thought
through her	first book	l knew. l	got an "A"
reminds me	to not suppress	on the test!	His Eye-Hop
that which	is natural.	technique	helped me
Ada Tsui Senior	Tax Analyst,	learn to "group	-read" words,
Remedy Corp.	Before I started	which increased	my reading
this class	I found myself	speed. By	the end of
reading material	over and over	the course	I was truly
again, because	though I was	experiencing	the "fluid"
reading each	word, I wasn't	reading feeling.	It was a great
comprehending.	I also noticed	feeling to	actually experience.
my reading	time was getting	Hearing someone	tell you,
longer. While	taking Ron's	"This is what	to expect"
SuperReading	course, I	is useful,	but unless
found my reading	comprehension	you have actually	feel it, it
improved.	The skills	means nothing.	I now have
he taught	helped me	actually experienced	the "feeling",
learn to focus;	and thus I	and just being	a novice at
was able to	comprehend	this I feel	confident
the material.	An example	that my skills	will increase
of how his	methods helped	even more.	And that's
me was when	I hadn't studied	really exciting!	Michelle Tan
a couple of	chapters for	Webmaster,	Remedy Corp.
	or aptoro for	110011100101,	

skeptical of speedreading to notice that I am when I began, but my feelings mentally verbalizing less and	
when I began but my feelings mentally verbalizing less and	inet
montally volbalizing loop and	jusi
have totally changed since absorbing what I ar	n
then. I'm reading faster, reading. I feel more	Э
comprehending more, and confident about str	ucturing
(this is the best part), and remembering details or	f
it feels natural! This course what I read. I realize	
has really opened a new that I have always b	een
door to me. I look forward "able to," but had	gotten
to continuing to improve lazy over the years	S.
my skills through the The most useful informati	on
exercises and tools is still presented in writter	1
that you've given me. form. Now I even pr	efer
Thanks for your enthusiasm, reading the book to s	seeing
your patience, and your genuine the movie! I plan to	
interest in my improvement! be reading this way	for
Kind regards, John Bishop a long time. Victoria	Graham,
Media/Web Designer, Internal Training Specialis	st,
Remedy Corp. I have always Remedy Corp. I feel that	t
enjoyed reading, especially I have increased my spee	d,
fiction. Technical reading was learned how to improve	ve .
less enjoyable and I often my comprehension, and have	e expanded
doubted my ability to the set of reading to	ools
absorb and retain important available to me. The state of	he
details. I enjoyed working more I practice, the more	enjoyable
with the visualization techniques this way of reading I	pecomes!
and Eye-Hop exercises. Thank You! Eric Cart	er,

	D 10	1.17	1. 11	
Manager, IDSS,	Remedy Corp	one's life.	It really	
This class	has helped	doesn't take	that much	
me stay more	focused on	effort to	change once	
what I am	reading and	you really	start the	
has increased	both my reading	process. No	matter how	
speed and	comprehension.	fast one reads,	one can benefit	
I have always	enjoyed reading,	from this	course to	
but lacked	the time.	read even	faster and	
With the SuperReading	skills, I	comprehend	even more.	
am finding	myself wanting	These skills	are valuable	
to read more.	With the amount	to me because	they free	
that we have	to read on	up more time	for me to	
a daily basis	(Emails, technical	think creatively,	rather than	
docs), these	skills are	to have to	spend it plowing	
beneficial	in the workplace	through my	Email. Rebecca	
too! Thanks.	Olinda Lee	Ray, Senior	International	
-Yang Remedy	Corp. I loved	Product Manager,	Remedy Corp	
reading before	I began the	Dear Ron,	Thanks for	
class, and	I still love	the SuperReading	class. By	
it! My favorite	parts were	following	the skills	
learning to	use my finger,	taught in	this class,	
mind-mapping,	Ron's passion	my reading	speed and	
(he loves	what he does),	comprehension	are improving.	
The quotes	Ron sent in	The Eye-Hopping	exercise and	
his Emails,	confirmation	the Pattern	Reading are	
that a small	daily effort	the most helpful	ones among	
plus diligence	can truly	the skills.	I will keep	
affect the	quality of	practicing	these skills	

in my reading	and I believe	has tremendously	changed my
my RE will	be even better.	reading habits;	and has unlocked
This has helped	my productivity	my reading	powers. I
in my daily	life and work.	also have	much more
Sincerely,	Qiming Wan,	confidence	about myself.
Senior Software	Engineer,	The benefit	of this class
Remedy Corp.	Reading before	is unlimited.	I would recommend
class was	long and strenuous,	this class	for all, especially
because I	had to read	for those	who have English
every word	(at a time)	as a second	language."
and it was	difficult	Phong Nguyen	Supervising
to recall.	What I enjoyed	of Test Engineering,	Remedy Corp.
most about	the class	"Two of	the biggest
were the techniques,	which were	problems I	had with reading
very helpful,	and the instructor's	were staying	focused and
Emails. Reading	now is a pleasure,	retaining	the material
I feel confident	and I know	I read. The	SuperReading
how to read	for speed	program helped	me grapple
and comprehension.	Improving	with these.	My reading
reading ability	is a fact	effectiveness	improved more
and anyone	who uses the	than 3-fold,	even though
tools can	achieve with	I could not	do my homework
them. Ron,	thanks very	consistently.	I am sure
much for this	class; I'm	that I would	have done
so excited	for what I	even better	if I had been
have learned.	Thanks, Ruth	up to date	with my homework.
Pink, Administrative	Assistant,	I will recommend	this course
Remedy Corp.	"This course	to all individuals	who have problems

with staying	focused and	so good to	have refreshed
remembering	the material	this. After	the course
read." R.	Subramanian	I have much	more discipline.
Staff Engineer	FIST HAL Computer	I have greater	focus thanks
Systems, Division	of IBM Ron,	to the techniques	described
"Thank you	for stretching	such as pointing,	previewing,
my mind to	reach new	etc. My comprehension	has improved
heights. Your	theme should	also as a	result due
be, "Turning	readers into	to increased	concentration
visionaries	and visionaries	levels. Visualisation	has also worked
into great	libraries	very well.	Whilst my
of knowledge."	I increased	memory was	good beforehand,
my speed greatly	but more importantly	the use of	the memory
increased	my comprehension	room is a	very good
and retention	5-fold."	technique	to have learned.
Sincerely,	Frank Amdur	The reading	tests I found
VP Sales,	Western U.S.	very useful.	The magnetic
Testimonials:	Royal Bank	questions	were useful
of Scotland	"Before	to trigger	memory."
the course	I read at	Pauline Mannion	"I am much
a much slower	pace and was	faster reading	now, and also
very easily	distracted.	remembering	a lot more.
I lacked focus	and had to	The best tools	to get immediate
re-read many	times so comprehension	gain are pointing	and Eye-Hop.
wasn't great.	My memory	The Memory	Room is very
was good.	I had used	good, but	requires effort
affirmations	previously	(learning)	to achieve
which are	very useful	quick results.	I think SuperReading

works best	in a work	subject matter	much faster,
context for	magazines,	and with much	better comprehension.
journals and	newspapers,	In particular,	I found the
etc. Not quite	as effective	use of preview	and review
yet for very	technical	techniques	were instrumental
documents.	Good instructor	in the improvement	that I experienced.
who gives	a lot of confidence."	The memory	room is also
Paul Oldroyd	"The techniques	extremely	useful for
learned will	be valuable	remembering	data and is
for future	as I definitely	a very powerful	tool – I
feel that	my general	wish I knew	about it before.
reading speed	and comprehension	Ron is an	excellent
have improved	dramatically.	motivator	and trained
I'm looking	forward to	us on how	to use all
achieving	my goals."	of the various	techniques
Jonathan Williams	"The Memory	very well.	The course
Room is a	useful technique	material is	also very
to recall	lists of items.	good. Thanks	Ron! Excellent
Eye-Hop is	close to my	course!"	James Osborn
normal reading	method, but	"Dear Coach,	I really enjoyed
blending the	two is of	the upper	Reading course.
benefit to	pick out key	After years	of experiencing
items to communicate	back to others."	highly technical,	product based
Helen Tate	"To whom	courses, it	was refreshing
it may concern,	The SuperReading	to tackle	a new way
course has	significantly	of reading	and in doing
improved my	reading capabilities,	so challenge	bad habits
and I am now	able to read	that had become	ingrained

over a life	time. The	Reading method.	The outcome
course re	-teaches you	was very good.	The emphasis
to read by	employing	on the psychological	techniques
new skills	that are at	of "artificial	interest",
first a little	alien but	positive affirmations	and visualisations
then came	together to	is convincing	and delivers
enhance and	speed your	results. Also,	the emphasis
reading ability.	It's delivered	on practice	and allowing
in a fun way	making for	time for behaviours	to develop
a great learning	experience.	and embed	themselves
I'd recommend	it to anyone	was valuable.	My problem
who would	like to learn	with work	reading is
to read faster	and have fun	a loss of	focus. This
in the process."	Costas Karayiannis,	is due to	a combination
Head of technical	and Transaction	of a distracting	environment
Support, Royal	Bank of Scotland	and negative	attitudes
"I have	always thought	toward the	subject matter.
of myself	as a fast	The techniques	Ron has taught
reader since	childhood.	and suggested	go along way
In 1997 I	bought a course	to providing	a solution."
called Photo	Reading which	Chris Plant,	Regulatory
suggests you	can attain	Advisor, Royal	Bank of Scotland
reading skills	up to 25000	"l've	improved the
words per	minute. So	speed of my	reading, my
I was not	sure what	focus when	reading and
this course	would offer,	the amount	of information
as the pointing	method is	I retain.	At the start
contrary to	the Photo	of the class	my attention

would often	drift while	engaging and	enjoyable
reading. Since	finishing	teacher. His	presentation
the course	I'm much	style is light,	cheerful and
more able	to digest	infectious.	He was able
information	on a first	to draw the	group together
read and remember	the information.	and get us	all to enjoy
The memory	room techniques	the class	and each other.
have substantially	improved m	I would highly	recommend
ability to	remember key	the class.	My reading/comprehension
things that	I need to	speed jumped	from 139 to
recall as	well. I really	800 words	per minute.
enjoyed the	course and	I am confident	that the tips
feel that	l've really	and techniques	that I have
benefited	from the skills	acquired will	help me to
and techniques	taught."	be much more	effective
Sarah Dilloway	Royal Bank	in my rather	demanding
of Scotland	Testimonials:	job. I look	forward to
Philips Semiconductor	The SuperReading	further improvements	by continuing
course proved	to be a highly	to practice.	Thanks Ron!
enlightening	and motivating	Tom Kemp,	Design Engineer
course. Many	techniques	SuperReading	has taught
beyond the	ones necessary	me that my	mind's potential
to improve	reading speeds	is much greater	than I ever
and comprehension	were introduced	imagined.	I look forward
and applied.	These techniques	to increasing	my speed and
have all proven	useful within	comprehension	to the maximum
the workplace	and the home	that is possible.	The additional
as well. Ron	is a very	techniques	(Goal Setting,

NLP, etc.)	are profound	been very	useful. Thanks,
tools for	change and	Ron. Great	course, great
l've already	started applying	attitude,	great humor.
them to my	career. I	Jim Jirgal,	Engineer Philips
would recommend	this course	Semiconductors,	Inc. I learned
to anyone	who is serious	great techniques	that were
about achieving	all that is	applied immediately	and demonstrated
possible in	their lives.	the power.	Great presentation,
Regards, Michael.	J. Golini,	direction	and applications.
Applications	Engineer Philips	Good learning	environment.
Semiconductors,	Inc. This	Constant challenge	and new information.
course is	organized	Looking forward	to future
very well	and is very	training by	this group.
effective	in increasing	Thank you	very much.
one's reading	effectiveness.	Jack Maxwell,	Facility Operations
The key is	practice and	Manager Philips	Semiconductors,
following	the techniques	Inc. Ron,	The tools
taught in	class. I started	that are used	in this class
with an RE	of 30 and	are excellent.	The ability
ended up with	100. Jeff	to continue	improving
Modares, Application	Engineer Philips	reading skills	is also a
Semiconductors,	Inc. I enjoyed	huge benefit	of the class.
the main subject	matter and	Overall, I	achieved an
the main goals	of the class.	awareness	of my reading
The asides,	tips and techniques	skills and	feel very
really made	the class	confident	that they
interesting.	The skills	will continue	to improve.
I learned	have already	The last day	of upside/down

reading was	most valuable	in comprehension,	when reading
for me in	building the	technical	materials.
confidence.	NLP is a great	Richard M.	The thing
tool. Thanks	Ron! Diane	that I have	noticed is
Helseth, EBU	Logistics	that I can	read much
Manager Philips	Semiconductors,	better in	the evening
Inc. Testimonials:	Compaq Computer	when I'm tired	- that is
I am into	the third	I can concentrate	better and
week of this	class and	my eyes stay	focused on
I have no	hesitation	the words	(this is "pleasure
in endorsing	this class	reading").	There has
whole-heartedly.	It is a terrific	been SOME	speed increase
class - Ron	is a wonderful	but I think	the big thing
instructor	and he makes	is that I	can concentrate
the class	very enjoyable.	(and thus	read) longer.
The lessons	(you can create	R. Gingell	Top 10 reasons
your own homework	thru helpful	to take this	class 1. Ron
websites)	are guaranteed	is fun and	helpful 2.
to significantly	enhance your	SuperReading	provides you
reading skills.	Go for the	with multiple	skills that
class - you	won't regret	you can use	in your personal
the experience.	- PV Krishnamurthy	and professional	life 3. You
Ron, Less	than half	will read	and comprehend
way through,	still under	faster 4.	You will be
utilizing	the tools,	able to track	your reading
and not having	done enough	effectiveness	5. This is
"home work",	I can still	a fast track	memory class
see real improvement,	especially	as wellyou	will learn

to remember	how to recall	the techniques	to read faster
20 things	at a time	with better	comprehension.
Mind mapping	is thrown	I had never	been able
in as a way	to express	to do this	earlier. In
your new recall	skills 7.	the last couple	of weeks I
You will be	able to "juice"	have seen	my RE going
chapters,	by using the	from 40 to	300, this
key-sentence	previewing	is very surprising	for me and
techniques	8. You will	encouraging	too. Thanks.
work with	a mentor/buddy	Regards, Rashmi	Mansabdar
to help you	get through	Hi Ron, I'm	thoroughly
the class	9. Reading	enjoying the	class and
will be fun	again 10.	all of the	techniques
You will learn	techniques	you present.	I challenge
on how to	focus and	anyone who	thinks they
not daydream	while you're	are overloaded	with reading
reading Bonus	You will be	materials	to take a
able to take	these techniques	look at the	Super Reading
and teach	them to your	class. I know	I spend a
kids they	will become	lot of time	everyday reading
far better	readers, and	for which	I never seem
do much better	at school.	to finish	and what I
Aldo Adriaan	HP NonStop	do read I	don't retain
Enterprise	Division,	very well.	I have a need
Education	and Training	to be much	more efficient
Center Hi	Ron, I would	in how I use	my time during
like to express	my sincere	the day and	I believe
Thanks for	teaching me	this class	will help.

The challenge	for me and	approach reading	and comprehension,
anyone in	our industry	or "reading	effectiveness".
is to see	that we have	I kept waiting	for the "breakthrough"
a need and	to want to	that never	happened.
improve on	our reading	I hated it.	This course
and memory	skills. If	is different.	It starts
you feel your	current reading	with correcting	some very
and memory	skills are	simple but	obvious problems
good enough	than this	with my reading	approach and
training probably	would be a	mechanics,	and the benefits
waste of time	if it wasn't	are immediate	and noticeable.
for the training	material could	I'm a better	reader already,
be used in	the future	and getting	better every
when there	is a need.	day. Even	the change
The class	is simple	I see based	on the first
and straight	forward. What's	few sessions	was worth
needed is	the desire	the time,	but I think
by the students	to have the	I see that	breakthrough
"Want To"	to succeed.	coming. Thank	a lot- Jacqui
Regards, Dennis	Go NonStop	Starr Testimonials:	SONY "Great
Enterprise	I took a "speed	course. Highly	recommended.
reading" course	once back	Consistency	in homework
in college,	and I didn't	is the key	to success
get it. (What	was wrong	in this course.	Use every
with me?)	It focused	possible testable	reading selection
only on speed	and breaking	for additional	practice (e.g.
through sub	-vocalization	the manual).	Thanks for
and did nothing	with how you	the toolset.	This will

help me reduce	my concurrent	reading speed	that I found
school workload	time allocation	very helpful.	Results were
through the	use of different	terrific.	Certainly
tools and	approaches.	worth giving	it a try."
John "Frotz"	Faatuai "Good	Ashok Sinha	"Hi Tom,
course, lots	of valuable	This course	was very useful.
techniques	to improve	My first test	score was
reading speed	and comprehension.	60 and I improved	to 150 in
The techniques	for improving	my fifth test.	Using the
memorization	had dramatic	finger technique	has improved
effects. I	would strongly	my comprehension	and focus.
recommend	the class	Previously	I would not
to someone	willing to	know what	I had read
do the significant	amount of	from a paragraph	when I reached
practice to	see improvement."	the end. Now	I feel much
Ted Asocks	"This course	better and	happy about
was very useful	and had many	that. I would	certainly
tools that	has increased	recommend	this course
reading speed	and comprehension.	to my friends	and family."
The memory	techniques	Ganesh Gopalakrishnan	"I picked
were also	very useful.	up valuable	techniques
I would recommend	this course	that will	help me improve
to everyone.	The course	my reading	speed and
was very organized	and well paced."	comprehension."	Thanks! Thomas
Theo Doyle	"For the	Schrogenhauser	"The class
memory techniques,	I would recommend	in general	was well organized.
this course	to people.	We learned	great tools.
It emphasizes	steps to enhance	I must continue	Eye-hops and

memorization	to enhance	during the	course did
my results	even further.	not improve	greatly. However,
I feel that	5 weeks is	my effort	was not 100%.
not long enough.	Now that I	The exercises	and tactics
have and know	how to use	are helpful.	I hope to
the tools	they will	continue to	improve with
show results	soonLinda	additional	practice."
Britton "Good	class overall.	Michael Escobosa	"I really
Making time	for more practice	enjoyed this	class. You
probably would	have helped.	do have to	enter into
Scores definitely	got more consistent.	it with an	open mind,
The first	test was easy	and practice.	I would recommend
material,	but I did	it to fellow	coworkers,
even better	on unfamiliar	and parents	to help their
subjects."	Jerry Godes	children and	high school
"I enjoyed	the class	and college	students.
very much,	and would	I went from	125 to 350
recommend	it to others.	in 6 weeks,	the last test
The instructor	was excellent.	being the	best."
I have to	admit I would	-Denise Cromley	"I would
have improved	much more	recommend	the course
had I spent	more time	to others.	I think the
on the Eye	-Hops. I plan	course brings	your reading
to continue	with the provided	skills a long	way in just
course material	to strive	5 weeks. My	confidence
for even more."	-Rose Sandoval	is a lot higher	when I go
"Greetings,	I recommend	to read now."	-Vickie Pham
this course.	My reading	TESTIMONIALS:	Fujitsu MicroElectronics

"Before	taking this	to practice	this new skill
course, lots	of time was	I will get	even better."
wasted daydreaming	while reading.	Mario Aguirre	Manager, Product
Reading effectiveness	was really	Engineering,	Fujitsu Microelectronics,
low for me.	The skills	Inc. Dear	Ron, "I
learned from	this class	enjoyed the	"SuperReading"
really helped	me to concentrate	class so much	since it helps
more. I believe	that if I	me enormously.	After finishing
spend more	time practicing,	the class,	I really tripled
more improvement	will be observed.	my Reading	effectiveness,
I do enjoy	this class	and most important	of all, it
and I will	recommend	helps me to	focus better.
it to everyone	who wants	It used to	be quite hard
to improve	his reading	for me to	finish a book
skills."	Andrew Hsu	from cover	to cover,
Senior Design	Engineer,	no matter	how much I
Fujitsu Microelectronics,	Inc. "This	wanted to.	But during
class has	helped me	this training,	I have finished
very much	with my reading	Professor	Feynman's
skills. My	reading comprehension	"Six Easy	Pieces"
has increased	at least 50%	in about 5	or 6 hours.
and speed	in some cases	I would recommend	this class
over 100%.	English for	to anyone	I know."
me is a second	language,	Peng-Fei Zhang	Staff Engineer,
and this makes	it a little	Fujitsu Microelectronics,	Inc. To Ron,
more difficult	to comprehend	"Speed reading	tactics are
English at	any level.	very useful.	I have improved
I know that	if I continue	my reading	performance

enormously.	Note taking	train my eye	muscles and
and memory	suggestions	group word	recognition,
are also very	useful."	thus increasing	my speed.
Bob Matsuzaki	Tactical Marketing	My mind used	to wander
Manager, Fujitsu	Microelectronics,	while I read.	Following
Inc. "As	an ESL person	my finger	and pattern
and I am still	happy to see	reading helps	me to focus
that my reading	effectiveness	on the activity	and keep my
and speed	have improved	mind focused.	I wasn't
significantly.	Thanks for	able to do	the homework
all the techniques	from this	assignments	and eye-hops
class on the	reading and	as much as	required and
memory."	Wenhua Zhao	thus I feel	my reading
Manager, Design	Center, Fujitsu	speed and	comprehension
Microelectronics,	Inc. "My	might be better.	Building the
comprehension	was very poor	confidence	factor definitely
when I started.	Thus my speed	helped both	comprehension
was ever slowing	by trying	and testing.	If these techniques
to increase	comprehension.	were taught	to children
I was reading	around 150	at an early	age, I believe
words per	minute. This	they would	read earlier,
course gave	me the tools	faster and	study/test
to begin increasing	my comprehension	better."	Jeff Reifers
while not	sacrificing	IT Director,	Fujitsu Microelectronics,
speed. The	previewing	Inc. "Simple	but effective
techniques	helped to	techniques	help achieve
set my mind	for the read.	results that	are truly
The eye-hops	helped to	unbelievable."	Ray Abrishami

Director,	Engineering	reading skills.	My favourite
Fujitsu Microelectronics,	Inc. "Before	tool is the	Memory Room.
I was getting	stuck reading;	It's a really	good tool
now I am flowing.	I have learned	and it's	scary just
the following	things: 1.	how effective	it is. Ron
Read titles!	2. Previewing	is always	full of charisma,
is very useful	Trust your	energy and	joy. It's
reading comprehension	4. Get proper	essential	for the course
glasses Eye	-hopping was	to have someone	like him teaching
very usefulgave	speed without	students.	My confidence
sacrificing	comprehension.	is fine. Although	with previewing
Pattern reading	gave speed	I'm possibly	more confident
with less	comprehension	about remembering	what I've
- I need more	practice.	read. Eye	-Hop is essential,
Memory techniques	- I need to	so the more	you practice
develop further	- I am still	the faster	you'll read.
weak in remembering	names, years,	The course	is really
etc. [not	part of this	fun and each	lesson seems
course] I	am good with	to end quickly.	I'm sure
the gist of	what is said."	the more I	practice the
Kirit Dave	Engineer,	skills I've	learnt the
Fujitsu Microelectronics,	Inc. TESTIMONIALS:	more my super	reading will
INNS OF COURT	LAW SCHOOL	improve. Cheers	Ron. Peter
"The best	tools are	Claxton, BUC	Student, ICSL,
the Eye-Hop.	The stories	21 November,	2007 "To
are pretty	good but it's	whom it may	concern, I
just a very	useful skill	have increased	my reading
and essential	to increase	speed over	the period

of 6	6 weeks	in which the	focusing and	memorising.
cou	rse was	conducted.	This course	helps me to
Alt	though I	didn't diligently	improve how	to read very
fe	ollow all	the advice	fast and also	the memorizing
give	n by my	coach, I did	technique	is very good.
ехр	erience	some improvement.	It just needs	some practice.
I would	d advise	anyone taking	The course	itself has
this	course	to follow	given techniques	such as Eye
every ho	omeplay	activity and	-Hops- which	helps to read
prac	tice lots	of Eye-Hops	fast and focus	well. I myself
to reach ma	aximum	fulfilment.	felt before	and after
l w	rish I did	that. Although	doing this	course. I
	I didn't	do all of	am grateful.	Thank you."
it	t, I have	been given	Majedul Quader,	BUC Student,
good	d advice	on how to	ICSL, 21 November,	2007 "To
go	on from	here and will	whom it may	concern, My
try	my best	to increase	reading speed	has increased
both m	y speed	and my comprehension	greatly. However,	I did not
le	vel after	this course.	realise it	had until
This	course	has given	just now!	The best tools
me mo	otivation	& inspiration	are the previewing	techniques,
to	achieve	more in my	as well as	the Review,
reading a	bilities."	Deepak Mahadfuan,	and the Memory	Room. They
BUC S	Student,	ICSL, 21 November,	make the information	'stick'
2	007 "To	whom it may	very effectively.	This course
conce	ern, The	SuperReading	has made a	great difference
C	ourse is	a good tool	in the way	I study, memorise,
for sp	peeding	up reading,	and prepare	for exams.

I feel that	I will be	(STUDENTS,	TEACHERS)
much more	confident	"It's	not often
going into	exams. Additionally,	that you come	across a course
I am very	positive that	that changes	your life,
my skills	will improve	but Super	Reading has
and pick up.	Ron has been	certainly	changed mine
a very effective	instructor.	for the better.	It has saved
He has kept	the classes	me a day a	week at work,
interesting,	different	and led to	a huge increase
and exciting.	There has	in my reading	for pleasure."
not been a	dull or boring	"When we	piloted Super
moment. As	far as feedback	Reading with	a group of
on the way	the course	dyslexic students	at London
is conducted,	I believe	Southbank	University,
the classes	may be conducted	their reading	effectiveness
in 2 or 21/2	hours without	more than	doubled in
compromising	the material.	10 weeks.	I have known
I am looking	forward to	nothing like	it. I have
exercising	my skills	always advocated	individual
and I am convinced	100% that	support for	dyslexic students,
I will be	able to cover	but this impact	was achieved
difficult	and complex	in a group	of 15. Just
material with	confidence	imagine how	much better
using the	techniques	their university	learning experience
I have learned	in this course.	would have	been had they
Thank you.	Virginia Sardeli,	completed	the course
BUC Student,	ICSL, 21 November,	before starting	their studies."
2007 EDUCATIONAL	TESTIMONIALS	Dr. Ross Cooper	London South

Bank University	"I am a pre	minimal compared	to the benefits.
-med student	at Berkeley.	Just do it	and see for
My friend	took this	yourself.	It's guaranteed
course and	told me I	anyway, which	was important
had to take	it as well.	for me. I	was a little
He was so	right. The	sceptical	even though
difference	is like day	I could see	how well my
and night.	It only takes	friend was	doing with
me half the	time to do	it. SuperReading	works, plain
a chapter,	and now I	and simple."	-Robert Sloan
really know	it. With the	"Hi. If you	want to be
memory tools,	preparing	a great reader	and learn
for exams	is too easy.	things faster,	SuperReading
All I have	to do is review	is what you're	looking for.
my visuals	and all the	I really don't	know how I
information	just comes	managed without	it. Wait-
flooding back.	It's almost	yes I do!	I studied
like cheating;	it's so easy	endless hours	falling asleep
to remember	complex information.	over my text	books. I had
If you are	a student,	no social	life, and
this course	will make	I was getting	mostly B's.
a huge difference	in your life.	Now I feel	refreshed
In fact, you	can have a	when I read,	it's only
life with	these skills.	taking about	half the time,
I can actually	take some	and I'm getting	mostly A's.
time to chill	or play tennis,	I'm even reading	for pleasure,
which really	relieves the	which I never	did before.
stress. The	cost is so	Reading is	really cool

when you can	do it well.	I really think	this has been
SuperReading	has changed	a useful tool	and I hope
the way I	look at myself.	to continue	practicing
I feel much	smarter than	and learning.	I left this
before. I	now KNOW I	class with	many insights
can learn	things and	and suggestions	on how to
make them	stick. I'm	improve reading,	and they really
not nervous	going into	work! Thank	you very much
a test like	I was before.	again."	Eddie H. High
You'll never	be sorry you	School Student	"I am more
have these	skills. Thank	confident	about my reading
you SuperReading!"	-Jimmy Wicks,	ability and	certainly
Sophomore,	San Jose State	feel that	I can read
University,	"I'm glad	faster and	at the same
that I took	this course.	time remember	and understand
I more than	tripled my	more. The	memory room
score. Reading	is so much	was a great	help and has
easier now.	I not only	made me realise	that I have
read faster	but I can	a good memory.	However, you
remember more.	I know that	must put in	the initial
I will continue	to do better	effort!"	Samuel Baeza,
even after	finishing	Senior Lecturer,	University
because of	the techniques	of Chichester	Dear Person
I have learned."	Tatiana A.	reading this,	"I am a
High School	Senior "Thank	sixth grader	at Piedmont
you. This	course has	Middle School.	Over the six
been a lot	of fun, and	weeks my Reading	Efficiency
also helped	my reading.	went up over	500%. Take

the course!"	Daniel R.	is smiling	when he reads
6th Grader	Dear Mr. Cole,	and understands	more than
I am writing	this letter	most of the	other children.
to thank you	for helping	They feel	the only thing
my son Chris.	He is in 6th	holding back	his reading
grade, and	ever since	now is his	poor vocabulary
1st grade	he has had	from being	such a poor
major problems	with his reading	reader all	these years.
abilities.	He has been	However, with	the vocabulary
to see every	reading and	building program	you have provided,
learning expert	associated	I believe	there is already
with the San	Jose School	a positive	difference
System. Nothing	has ever made	there too.	I know I must
much of a	difference.	be patient.	He is learning
This has really	held back	his words	at an impressive
his learning.	He has just	rate, and	I see it is
barely made	it through	only a matter	of time before
each grade	level, and	he catches	up there as
always at	the bottom	well. As a	mother, it
of his class.	I have come	is not easy	to see your
to dread going	to parent's	child failing	in his education.
night to get	his report.	I am so grateful	for your help
In the last	few weeks	to Chris.	You have given
this has all	changed. The	me hope and	given him
teachers cannot	believe the	the ability	to read well
difference	in his work.	and to believe	in himself.
He is understanding	and remembering	Bless you.	Mrs. Marjorie
what he reads.	They say he	Jackson (Chris'	Mom) Dear

Robert, "I	have progressed	Robert! I	Just wanted
about 17 times	more than	2 say "thanx"	4 bein such
I expected.	Before the	a great readin'	coach. I can
class, reading	was a never	prove my progress	by tellin
-ending chore	to me. It	u a little	story: Yesterday,
is becoming	less and less	I heard the	news that
boring every	day. My favorite	I had a huge	test in History
part of the	course was	the next day,	which is today.
the memory	exercises.	I freaked	out, because
It was so	fun! And helpful!	I had lost	my notebook,
Another fun	part was the	and hadn't	really read
last class.	It felt silly,	the chapter	anyway (oops).
but it sure	was fun! I	So I went	home, & at
want others	to know that	about 10:00	last night,
THEY NEED	TO DO THEIR	I tried all	my "Super
HOMEWORK!	I made the	-reading tools",	and read the
mistake of	doing less	whole chapter.	That's all
than I should	have. These	l did. Today,	I was the
skills are	valuable to	only one in	my class to
ME because	I have realized	ACE the test.	Pretty cool,
that speed	only works	huh? Thanx	again!!!"
when you know	that you can	-Amy "The	course worked
comprehend.	I have gotten	very well	for me. I
sooo much	out of this	have broken	the thousand
class! Thanx	a bunch,"	barrier, like,	a whole lot.
Amy Evans	7th grader,	In fact, I	got 1,846!
St. Martin	of Tours Addendum	I'm totally	glad that
E-mail from	Amy: "Hey	I took this	class. Thanks!"

Shelby B.	Dear Mr. Cole,	class was	real fun.
"Thank you	so much for	I can see	the improvements
teaching me	SuperReading.	I made. I	learned all
I really enjoyed	the time I	these new	skills, and
spent learning	the various	now reading	is much easier
methods. It	felt good	for me. Mr.	Cole was a
to see myself	make progress	cool teacher."	Chris F. Dear
each week.	School is	Mr. Ron Cole,	"I thank
much easier	now that I	you endlessly	for the program
have the skills	to be a great	you introduced	to SPHDS in
reader. Although	I didn't think	the Fall of	1995. The
they would	be, my novels	transition	from private
are especially	fun to read	school to	public school
now. At first	I thought	was a little	shaky at first,
that reading	fast would	but as I applied	what I learned
take away	from my enjoyment.	from your	program, not
I hung in	there and	only did I	realize I
they are much	better."	was at the	same level
Sincerely,	C.K. 6th Grader	as my peers,	but I was
Dear whoever	reads this,	indeed higher.	Ron Cole's
"I am a	7th Grader	program really	helped me
at Piedmont	Middle School.	as a new student	in the public
Before I took	this class	school system.	Though I was
I thought	I could read	prepared to	enter high
fast. After	I was finished	school after	going to private
with this	class I read	school for	such a long
6 times as	fast." Signed,	while, I felt	that my reading
Mark U. "The	Super Reading	skills had	really expanded

- (1 D	Oalala muanuana		It was a few
after Ron	Cole's program.	me a lot.	It was fun
Reading authors	such as Shakespeare,	and it worked.	Even though
Dickens, and	Bronte was	we had homework	called eye
hard enough,	but Ron Cole's	-hop, the	class was
program gave	me a sense	still fun!!	If you are
of esteem	and a more	thinking about	joining the
clear, concise,	introduction	class I think	you should
into the understanding	and comprehension	do it. Thanks	to this class
of the novels.	I definitely	I can read	a whole lot
recommend	Ron Cole's	better!!"	Melissa L.
program to	anyone who	To whoever	is reading
would like	to improve	this, "I'm	11 years old.
their reading	and comprehension	I was sort	of slow in
skills."	Thank You!	reading, but	after I took
Naomi M. Palo	Alto, California	SuperReading,	using Eye
To whom this	concerns,	-Hop and learning	methods to
"Your class	has been a	read faster,	I've improved.
great success.	Before I read	Now I understand	what I'm reading.
a story in	2 minutes	Eye-Hop was	the thing
20 seconds.	Now I read	I liked best	because it
a (same length)	story in 41	got more challenging	and I liked
seconds, and	I actually	the stories.	They were
understand	what I'm reading.	encouraging.	The reading
Mr. Cole has	been really	methods helped,	especially
nice to us.	Thank you	previewing.	I would like
for reading	this." Emily	to thank Mr.	Cole for managing
C. Dear People,	"I think	the class,	making it
that Super	Reading helped	fun, and still	teaching us."

Sincerely,	Thi N. Dear	I didn't really	want to go,
Mr. Cole,	"The first	but after	a while I
day of Super	Reading I	kinda started	liking it.
was a very	slow reader	We learned	all these
and had very	bad comprehension.	different	reading skills
Through every	class I learned	here. Sometimes	Mr. Cole lets
a lot from	you, and you	us out early."	From, Alice
also made	it easy for	C. To Mr.	Cole, "Thank
us to learn.	Every class	you! Before	I took your
I was a little	noisy, but	course, I	was only a
I really learned	a lot. My	grade level	ahead of my
R.E. went	from 113 to	grade. Now	I am who
831! You know,	I'm going	knows? I want	to thank you
to take a	Pre-SAT on	for teaching	me and putting
Saturday.	With what	up with me.	I enjoyed
you have taught	me, I can	the class	immensely.
get a high	score on my	It taught	me a lot and
reading comprehension	part. Anyway,	it was very	fun." Sincerely,
thanks for	everything!	Mitesh P.	Dear Readers,
Bye!" Sincerely,	Daniel C.	"I really	liked the
Dear Mr. Cole,	"Thank you	class. It	really helped
very much	for teaching	me. I liked	the Eye-Hop
me how to	read really	because it	helped me
fast. I am	really glad	read faster.	I really enjoyed
I took this	class. Thank	how we had	a mini test
you." From,	Merry M. Dear	every week,	that helped
Parents, "I	have learned	me with my	comprehension.
a lot here.	In the beginning	Before I came	to the class

I read very	slow and had	with my speed	I can actually
low scores.	Now, I understand	understand	what I am
what I'm reading.	I recommend	reading. Also,	I like how
this class	for people	it wasn't	just all reading
who want to	learn, read	and that we	got other
faster, and	make comprehension	tools as well!!!!!!	If you or
higher. It	takes commitment	anyone else	is thinking
but it helps	in the long	about taking	this course
run. Thanks,	Mr. Cole,	I personally	say "GO!!!!"
for your help,	time and caring!"	Sincerely,	A.C. 6th grade
Sincerely,	an 8th grader,	"This is	the absolute
Kristin M.	"I would	best way for	a student
recommend	this class	(or anybody	who likes
because I	did triple	reading) to	spend their
as promised.	I was taught	money. It	is definitely
by someone	who knows,	the most worthwhile	way I have
not by an	elementary	ever spent	my money.
teacher who	took up a	This class	is nothing
side job as	a speed reading	short of a	miracle. Want
teacher."	Seena R.,	to read faster	than your
High School	Student, San	friends? Take	SuperReading!"
Jose, CA Dear	Mr. Cole and	Ted W., student	at University
anyone else,	"I think	of California,	Berkeley Mr.
your course	was wonderful	Cole, Thank	you so much
!!!!! I am	really glad	for the opportunity	to improve
I went. My	RE score went	my reading	skills. Your
up basically	6x. The cool	class is exceptional.	Most importantly
thing is though	that along	I have improved	my comprehension,

	which was	the most important	She would	barely be
	thing to me.	The pace was	halfway through	material when
	just right.	Your materials,	the other	children had
	exercises	and examples	already finished.	On top of
	were all very	helpful. The	that, her	comprehension
	best thing	I observed	was abysmal.	I was about
	was how you	worked with	to spend nearly	\$5,000 on
	the students.	You most definitely	testing to	determine
	have a gift	for working	whether she	had some type
	with children.	My son commented	of learning	disorder.
	to me that	he thought	A friend suggested	calling you
	you would	make a great	first. I am	so glad I
te	eacher. Thanks	so much for	took that	advice. After
	your time	and energy	three weeks	in your course
	for helping	the students	she was the	best reader
an	nd myself.Rose	W. (adult)	in her class.	By the sixth
	"This saves	enormous amounts	Super Reading	class she
	of reading	time. Take	was the best	reader in
	the reading	course. You'll	her school.	By far! It
	be glad you	did. The benefits	was gratifying	to find out
	are unlimited."	John W., College	there was	nothing wrong
	student, Cal	Berkeley Dear	with my daughter.	All she needed
	Mr. Cole,	I am writing	was the right	techniques
	to thank you	for taking	and teacher.	What a bargain
	my daughter	into your	your course	turned out
(Super Reading	course. She	to be! Thank	you again
	was by far	the slowest	for this small	miracle.
	reader in	her class.	-Dr. E. Menkin	"I am about

halfway through	the SuperReading	because you	will see the	
course, and	I am noticing	results of	your work.	
that I am	not day dreaming	I hope once	I've finished	
as much when	reading, as	this course	I can do at	
I am staying	more focused.	least triple	what I could	
My speed is	increasing	do before.	I believe	
thanks to	my super reading	this is realistic	because l've	
tool (finger!).	The Room to	seen a good	improvement	
Remember is	helping me	already."	-Jonathan	
remember lists,	and on the	A. Student,	Worthing College	
tests, I am	noticing my	Hi Ron, I	took your	
reading effectiveness	scores increasing	SuperReading	class earlier	
greatly, as	is my words	this year,	along with	
per minute	score. I am	my co-worker,	Tim. As you	
scoring more	marks on the	know, we are	both taking	
tests. I was	scoring 3	an MBA program	that involves	
or 4, and	now I am getting	night classes.	For the last	
100%!"	-Harriet P.	year, we have	been going	
Year 13 student,	Worthing College	each week,	and seeing	
"I'm halfway	through the	our standing	in the course	
SuperReading	course with	among our	120 peers.	
Ron. I think	the course	Our professor	posts the	
is very good	and has helped	grades outside	the door each	
me with my	reading speed	week. We see	our student	
& my memory	in tests.	number, our	grade, and	
I think that	anyone who	our ranking	in the class.	
is considering	this course	In the past,	before your	
should have	an open mind	class, our	ranking was	

all over the	grid. One	big "thank	you". We're
week I could	be number	spending half	the time studying
7, the next	week 101 and	and getting	far better
the following	week number	results. It's	just how you
75. Since	the third	said it would	beFrank
week of SuperReading,	Tim and I	Turner, Engineer,	Advanced Micro
have occupied	the number	Devices	CLUCUECTED
1 and 2 positions,	and nobody	TESTIMONIALS:	CHICHESTER
can surpass	us! Each week	UNIVERSITY	"I am a
we jockey	between ourselves	busy mum doing	an MA. One
and the rest	of the class	of my hours	to read is
has to fight	for number	in the car	while my daughter
3. To us,	this demonstrates	takes a class.	This is 5
the power	of the skills	times 3,000	words of other
we learned	from you.	people's	work. Sometimes
In a way,	we're no	I didn't	finish it
smarter than	we were before	in the hour.	During this
SuperReading.	What we have	course, using	previewing,
is the ability	to understand	pointing and	parroting,
and recall	what we read.	I found that	I did it in
Perhaps we	are smarter.	about 1/3	of the time
It depends	on how one	and I was	happier and
defines intelligence.	Either way,	more focussed.	Now I always
our reading	skills have	finish and	have time
set us above	about 120	to relax.	Physical attitude
other professionals	struggling	/ position	plus the affirmations
to enhance	their careers.	really help.	Keeping positive
So we both	send you a	and knowing	it is possible
	•	helps as well.	At first I

didn't believe	I could do	in and remembering	what I have
it. On one	test in week	read. I have	found the
5 I was reading	1200 words	memory room	the most helpful
per minute	and I took	tool. It has	helped me
it all in.	Ron is very	a lot when	revising for
helpful had	a good example.	exams. Other	tools that
He always	had a good	we have been	taught such
story and	a positive	as previewing	and using
approach."	-Mandy Park,	your finger	have helped
University	of Chichester,	me to read	a lot faster
MA Creative	Writing "Before	than I used	to and pick
I started	the SuperReading	out the most	relevant information.
course I found	it difficult	It has improved	my reading
to concentrate	when reading	a lot! Ron	is a very
books and	would often	kind and friendly	and approachable
drift off	several times	teacher."	-Jasmine Selby,
per page and	not take very	University	of Chichester,
much in of	what I had	Student, 2nd	Year "I
just read.	Using the	can now read	much faster
techniques	that Ron has	than when	I started
taught us	so far I have	and my memory	power has
seen a noticeable	difference	improved due	to the techniques
in the speed	of my reading.	I have learned.	I have understood
It has gotten	considerably	the difference	between kinaesthetic,
faster and	I am not drifting	audio, audio	digital and
off as much	as I used	visual learning.	Ron Cole makes
to, which	in turn means	each stage	of the course
I am also	taking more	quite fascinating	and one instinctively

wants to know	more. Thank	of Chichester,	BA/MA "The
you very much."	-Brian White,	SuperReading	course has
University	of Chichester,	increased	my reading
MR "I so	wish I had	speeds, increased	my confidence
access to	this course	and comprehension	in what I
during my	English degree.	read. The	classes are
The tools	like the memory	lively and	fun, and encourage
room, speed	reading and	you to perform	at your best.
scanning would	have been	I have learned	to become
most welcome.	However, I'm	more discriminate	in the text
equally pleased	to have obtained	I have to	read for my
these skills	at this stage	courses- and	don't spend
of my MA in	Creative Writing.	lots of time	reading unnecessary
I will take	away the skills	articles or	books. I can
and keep working	on them. Before	extract facts	and figures
the course	I did not	more efficiently,	and the memory
believe that	I would be	room exercise	has helped
able to improve	on my reading	me to retain	far more knowledge
and memory	due to my	than I ever	thought possible.
dyslexia.	However, in	SuperReading	rocks! Thank
a very short	period of	you Ron (Super	coach!)"
time my ability	to speed read	-Caroline	Horstead,
and recall	what I have	University	of Chichester,
read has improved	greatly. Thanks	Student, "I	enjoyed the
Ron for bringing	your skill	class very	much and Ron
and humour	to Chichester	has been very	encouraging
University.	Best wishes,	and enjoyable	to work with.
Glenn" Glenn	Stevens, University	My reading	speed improved

aft an the a		المراجعين المراجع	ha anaile
after the	very first	and I would	be easily
lesson and	I feel much	distracted.	Now, thanks
more confident	about my ability	to Ron's	easy going
to retain	information.	approach I	read quicker,
The memory	room is a	I am less	distracted
fantastic	tool which	and I am more	focussed.
I will continue	to use. I	My future	studying will
will never	forget the	hopefully	take less
20 longest	rivers in	time leaving	me more time
the world."	Loree Weston,	to enjoy life.	I cannot Thank
University	of Chichester,	Ron enough."	Linda Still,
Student "My	reading effectiveness	University	of Chichester
leapt 4-fold	in one week.	"This course	has opened
The classes	are making	my eyes to	the possibilities
me much more	energized,	of reading.	It has awakened
positive and	enthusiastic	my want to	read for pleasure
in general,	which I had	and has improved	my study effectiveness.
not expected.	In this way	Ron is a great	instructor,
it is helping	me with my	encouraging	and inspiring.
course and	life overall,	With time	I'm sure
not just improving	my reading	I can achieve	another double
speed."	-Talitha McIntyre	of reading	effectiveness."
Burnie, University	of Chichester,	Eilidh Gillingham,	University
Student TESTIMONIALS	FROM THE UNIVERSITY	of Chichester	"Before
OF CHICHESTER	- March 2010	starting this	course I easily
"I enjoyed	this course	got distracted	and bored
immensely.	My reading	when reading.	Since doing
used to be	slow and laboured	this course	I am now able

to catch myself	and get focussed	approach is	very enthusiastic
again before	its too late.	and motivating.	It's an
This course	has improved	effective	course which
my reading	with comprehension	doesn't	push you like
to a phenomenal	speed and	you're in	school and
I can preview	a book really	still achieves	maximum results."
quickly to	know whether	Luke Nevill,	University
it's worthwhile.	Ron has made	of Chichester	"I am more
Thursday evenings	fun. I would	confident	about my reading
recommend	anyone who	ability and	certainly
is studying	to do this	feel that	I can read
course. You	will definitely	faster and	at the same
notice the	benefits!"	time remember	and understand
Annabelle	Alloway, University	more. The	memory room
of Chichester	"SuperReading	was a great	help and has
sowed me a	whole new	made me realise	that I have
concept of	reading. It	a good memory.	However, you
had an immediate	effect on	must put in	the initial
me as I was	able to adapt	effort!"	Samuel Baeza,
Memory Room	to my studies.	Senior Lecturer,	University
The 20 longest	rivers will	of Chichester	TESTIMONIALS
remain in	my head for	FROM DYSLEXICS	I am dyslexic
the rest of	my life. I	and began	this class
have noticed	a difference	reading at	approximately
in my reading	and comprehension	154 words	per minute
and I know	this will	with 60%	(It took 2:36
only ever	increase as	comprehension.	•
time goes	on. Ron's	to read a	400 word article.)
		I always	had to read

sentences	over and over	problems,	and now I
to get the	meaning	feel I have	learnt skills
By the end	of the sixth	that will	go with me
session I	was reading	to help me	with my dissertation
1,846 wpm	with 100%	and on to	my career
comprehension.	(It took 13	as a teacher. Thanks.	Keith Cockerton,
seconds to	read a 400	London South	Bank University,
word article.)	I would recommend	Student From	the first
this course	to anyone	week I knew	the SuperReading
trying to	improve their	course would	be of great
reading speed	along with	value to me!	I now know
comprehension.	The things	I have never	been taught
I found most	valuable were	to read properly.	As reading
the eye exercises	and the testing	has not been	my strong
where one	was able to	point, over	the course
see positive	results instantly.	I have gained	confidence
-Nancy F.,	Administrative	and understand	how to get
Assistant,	Legal Dept.,	the most out	of reading.
HP I started	this course	I now view	reading as
being a very	slow reader;	fun and interesting.	I have a whole
so slow it	was excruciating.	library I	look forward
l'd read	the same line	to going through.	Thanks Ron,
over and over,	I'd lose	it's been	a blast! Yours
my place on	a page, and	sincerely,	-John Tuitt,
my mind would	wander. The	London South	Bank University,
techniques	I have learned	Student "I	so wish I
on this course	have helped	had access	to this course
me tackle	all these	during my	English degree.

The tools	like the memory	I have also	found that	
room, speed	reading and	I can tackle	reading for	
scanning would	have been	work much	more efficiently,	
most welcome.	However, I'm	but I expect	to continue	
equally pleased	to have obtained	to improve.	I have also	
these skills	at this stage	really benefitted	from the memory	
of my MA in	Creative Writing.	technique.	My memory	
I will take	away the skills	for lists	has always	
and keep working	on them. Before	been extremely	poor until	
the course	I did not	this course.	Now I can	
believe that	I would be	remember 20	items easily	
able to improve	on my reading	and apply	this to shopping,	
and memory	due to my	etc. When	I wake up	
dyslexia.	However, in	in the middle	of the night	
a very short	period of	worries about	something	
time my ability	to speed read	I can park	the worry	
and recall	what I have	in the knowledge	that I will	
read has improved	greatly. Thanks	remember what	it was in	
Ron for bringing	your skill	the morning	and decide	
and humour	to Chichester	then whether	it matters!	
University.	Best wishes,	- Dr. Ross	Cooper, London	
Glenn" Glenn	Stevens, University	South Bank	University,	
of Chichester,	BA/MA I found	Lecturer I	initially	
that my reading	speed for	had lots of	difficulty	
novels has	increased	reading with	my finger	
dramatically.	The experience	as a prompter	but, after	
of sucking	up the meaning	persistently	following	
has been really	exciting.	the reading	programme,	

I picked up	speed and	a good memory.	However, you
was able to	increase my	must put in	the initial
reading comprehension.	I have found	effort!"	Samuel Baeza,
that the speed	reading methodology	Senior Lecturer,	University
has been embedded	into the way	of Chichester	I really enjoyed
I read in	general and	the Eye-Hops,	getting higher
it has definitely	improved my	scores in	the reading
reading ability	overall. I	tests and	seeing the
definitely	think there	techniques	working as
is room for	improvement	well as my	scores going
e.g. remembering	what I read	up. I also	picked up
or speed and	using the	a few interesting	tips on preventing
visual memory	strategies	eye strain.	Mark Lucek,
at speed could	have been	London South	Bank University,
cojoined with	reading exercises	O.T. Student	Before I started
to help me	meld the two	this course,	I was quite
strategies	at speed.	a good reader.	I feel my
Thanks, Ron.	-Gareth Mason,	confidence	has grown
London South	Bank University,	a lot more.	I like doing
Senior Lecturer	"I am more	the short	stroke tool
confident	about my reading	as it's	easy to do
ability and	certainly	and when I'm	reading something
feel that	I can read	I get more	information
faster and	at the same	from the page.	Yes it has
time remember	and understand	made a difference	and I've
more. The	memory room	met some very	interesting
was a great	help and has	people in	the course.
made me realise	that I have	Also, my reading	has improved

so much. I	think my instructor	to reflect	on my approach
is fantastic,	and a great	to reading	and to try
help to us	(me). I think	out new strategies.	It confirmed
you should	do this course	and explained	why I have
next year	and I don't	always found	reading the
think anything	needs to be	newspaper	a totally
improved.	I think this	different	(and easier)
course should	be put onto	experience	to reading
the curriculum	an everyone	anything else	– i.e. the
should do	this course,	columns! I	have found
as you learn	so much from	the Eye-Hopping	incredibly
itLindsey	Rhodes, London	useful –	I find that
South Bank	University,	I focus better,	drift less,
Student I	really enjoyed	and print	seems more
the SuperReading	class and	in focus.	I feel like
I will introduce	it to all	I'm in the	early stages
my friends	and family.	of using Pattern	Reading. At
The stories	were amazing	the moment	it overrides
and I am very	happy that	the actual	focus on the
I took part	of this SuperReading	meaning itself	because I'm
course. Thank	you very much	so aware of	the reading
and may God	richly bless	backwards.	However, it
you Ron.	-Rockson Osei	also pulls	me into what
Kumaning,	London South	l'm reading	more. Although
Bank University,	Sales Assistance	the process	appears to
The thing	I value about	be about focussing	in more and
the course	is the time	drifting less,	I'm also
and space	it provided	aware that	much of the

drifting I	do is about	will listen.	Thanks! -Raife
'thinking	about' what	Keller-Cooper	My reading
I'm reading	- chewing	before was	lower than
over the ideas,	linking to	now, since	I started
others, etc.,	so I consider	the course	my reading
some drifting	as vital,	has improved	more and my
especially	with some	focus is better	now than before.
types of reading	I doPauline	I am also	in control
Moon, London	South Bank	of everything	I am reading
University,	Senior Lecturer	now, unlike	before. The
At first I	thought nothing	Eye-Hop has	also helped
was happening,	but I was	me greatly,	and the memory
very pleasantly	surprised	room has also	enabled me
by both my	speed and	to remember	things more
comprehension.	I had a slight	by creating	stories from
blip in my	scores but	them and making	them big to
I think that	was due to	help me remember	things longer.
absences,	but I'm	The SuperReading	course has
right on track	now. I will	made a great	difference
continue to	improve in	to my life.	I am glad
the foreseeable	future. The	I was given	the opportunity
only reason	I wouldn't	to take the	course. I
want to recommend	it to others	will always	recommend
is that I	want to keep	this course	to friends
it a secret	and gain all	and everyone	who needs
its benefits	for myself.	help with	their reading.
I have told	of its benefits	I will continue	to use all
to anyone	and all who	my Eye-Hop	and memory

room and the	skills I have	-Hop exercises	and reading
achieved from	this course.	the manual	have helped
A big thank	you to the	me considerably.	My colleagues
staff and	all the people	at work have	even noticed
at LSBU who	organised	that I can	read faster
this course,	and a big	than them	and I have
thank you	to Ross Cooper	captured the	content I
and Ron Cole.	I really enjoyed	have read	first time
every bit	of the course.	round. The	best tool
-Azara Kanu,	London South	for me is	the Memory
Bank University,	Clinical Assistant	Room. I can	use this tool
-Practitioner	TESTIMONIALS	with everyday	things that
from Tesco	Dear Readers!	I need to	remember.
Before I started	my SuperReading	Also the Previewing	technique
course, I	could read	is fab for	getting the
fairly quickly	but my comprehension	content of	material before
was rubbish.	I would read	you read the	material fully.
a document,	then have	I think Ron	is a very
to re-read	it as I would	enthusiastic	teacher and
be like, "What	did I just	puts a lot	of energy
read?" I	am sure you	into his classes	which makes
have all done	this many	it easy learning.	The manual
times and	it can be	has plenty	of tips and
quite frustrating.	Since I have	exercises	you can practice,
been doing	SuperReading	as well as	useful web
the skills	I have learnt	sites. The	handouts are
and the practice	I have put	very stimulating	and get you
in at home	with the Eye	focused on	the task.

The exams	are interesting	a relatively	fast reader
topics to	read and the	(by normal	standards),
questions	are not too	but I have	huge amounts
demanding.	If I continues	of material	to read at
the course	for a bit	work, and	my recall
longer my	reading effectiveness	was poor.	I would often
and comprehension	would excel	read a document,	and then have
even more	so. SuperReading	to completely	re-read it
will be a	fantastic	only a week	or so later,
tool for when	I start my	as I wouldn't	be able to
CIPP next	year. When	remember anything	it contained!
reading law	policies for	Additionally,	the ability
our people,	I will feel	to read large	quantities
confident	that I have	and take it	in is something
comprehended	what I am	I really admire	in some of
reading and	will have	the senior	managers I
read. Directors	would benefit	work with,	so I was definitely
from this	course as	hoping that	the techniques
they will	learn to read	learnt on	the course
quickly through	their E-mails,	would improve	my effectiveness
presentations	and documents.	at work. The	techniques
Gloria Graham,	Personnel	taught are	fundamentally
Administrator,	Tesco Stores	simple, so	are easy to
Ltd. Dear	Readers! When	remember and	start putting
I heard about	this course,	into practice	straight away.
it sounded	just right	I was delighted	to see a significant
for me. I've	always enjoyed	improvement	in my reading
reading and	was already	effectiveness	after just

one week,	which really	and increased	my comprehension.
motivated	me to carry	The memory	room was very
on. And I've	continued	useful, enabling	me to remember
to see improvements	week-on-week	things easily."	Yusuf Loonat,
as the course	has progressed.	Finance Manager,	NHS Leeds
Although I've	seen a big	"The experience	has been both
shift in my	reading performance	interesting	and useful.
since the	start of the	I have learned	new ways of
course, however,	I'm sure	reading which	even though
I haven't	yet reached	I did not	do much practice,
my potential,	especially	have helped	in both speed
as I've	had less time	and comprehension.	The instructor
to practise	than I would	was good and	insightful,
have liked.	So I'm planning	coaxing and	encouraging.
to continue	with some	I will certainly	carry on improving
of the reading	exercise to	and using	the tools."
improve my	skills further	Paula Lancaster,	Contract Manager,
hopefully	I will end	NHS Leeds	"Pointing
up being able	to read more,	is a useful	tool. If you
remember more,	and also work	put the effort	in you reap
fewer hours!	Sarah Butt,	the rewards.	It's ongoing
Site Research	Director,	development	and steady
Tesco Stores	Ltd. TESTIMONIALS	improvement.	Quite thought
FROM: THE	NHS (taught	provoking."	Margaret Bell,
in two sessions,	30 days apart)	Contracting	Manager, NHS
"Previewing	tools increased	Leeds "I	found it fascinating
my comprehension,	and using	and I've	really enjoyed
a guide sped	up my reading	it. This has	enhanced my

reading and	improved my	did not ruin	the 'story'	
confidence."	Mark Bradley,	for me in	novels- it	
Associate	Director Finance,	made it more	alive. I can't	
NHS Leeds	"I used	believe this	actually works!	
to be a very	slow reader.	Definitely	makes me want	
But now I	can confidently	to continue	practising	
whiz through	reading using	to improve	further."	
my finger	to scroll	Andrew Dangerfield,	Head of Policy	
from side	to side. The	and Service	Development,	
instructor	made the experience	NHS Leeds	"Pointing	
a very good	and pleasurable	starts comprehension	improvements.	
one." Victoria	Ajahi, Assistant	The techniques	led to real	
Contracts	Manager, NHS	improvement.	Using the	
Leeds "I	really enjoyed	memory room	to remember	
the course.	My reading	non-work related	things. I	
is much faster	now and I	will use it	in my work	
have trained	myself to	in the future."	Makeda Wood,	
recognise	when I am	Head of Contracting,	NHS Leeds	
drifting off	and I can	"This course	has given	
now refocus.	The memory	me excellent	tools. I'm	
room is great	and I see	reading faster	with more	
how I will	use this in	comprehension.	As for the	
future- poor	memory was	pointing technique	- should have	
a big issue	for me."	known about	it years ago.	
Claire Walker,	Head of Contracting,	My confidence	in my reading	
NHS Leeds	"Previewing	abilities	has improved."	
is brilliant	for study	Liz Caruthers,	, NHS Leeds	
and text books.	Novel Previewing	"I am more	focused when	

reading. The	pointing really	soon as they	can." Steve
helps. I am	working on	Nicholls,	Student, BPP
appreciating	the previewing	Law School,	CDL Part-Time
more, and	I have stopped	Year 1 "This	has been a
highlighting!	I enjoyed	fantastic	course and
the sessions."	Diane Saunders,	the coach,	Mr Ron Cole,
Senior Commissioning	Manager, NHS	is extremely	user friendly
Leeds TESTIMONIALS	FROM: BPP	and makes	learning Super
Law School	(Graduated	Reading fun.	When I started
December 2010)	BPP Law School	the course	I was pretty
SuperReading	Testimonials	slow. Now,	my reading
December 2010	"l've	is more structured	in its approach
tried other	speed reading	and my reading	speed has
techniques	over the past	improved dramatically.	I wish I'd
10 years but	any initial	done something	like this
benefits soon	faded. Ron's	before, and	view it as
enthusiasm	and teaching	an investment	in life, because
techniques	helped me	it's a skill	I hope to
to incorporate	super reading	use and apply	both at work
more easily	into my day	and in leisure	reading."
-to-day reading	than I ever	Valentino	Di Mascio,
imagined was	possible.	Student, BPP	Law School,
I wish I had	access to	2010 GDL	is simply
this course	years ago.	"SuperReading	із зітіріу
I would recommend	anyone who	a super course.	It has given
has a lot	of reading	me the building	blocks necessary
for business	or pleasure	to not only	increase my
to take this	course as	reading speed	to infinite
		possibilities,	but to improve

my comprehension	also. Prior	improve my	reading further
to the course	I used to	as I feel	I still have
try and absorb	a lot of information	a lot more	faith in my
but it just	wasn't happening	abilities	and don't
for me. SuperReading	has given	feel defeated	anymore when
me the skills	to help. I	I have lots	of reading
am now structuring	my reading	to do. Also,	being introduced
better rather	than just	to the colour	overlays has
'diving	in'. This	been a big	help too."
method has	really allowed	Amy M, Student,	BPP Law School,
me to get	a lot out	2010 GDL "The	SuperReading
of the course.	I highly recommend	course has	been especially
it." Roger	Charles, Student,	useful on	study days
BPP Law School,	2010 GDL "My	when I am	not feeling
confidence	and speed	particularly	efficient.
have definitely	improved,	It has given	me tools to
but the things	I am most	wake my mind	up and keep
appreciative	of are the	on reading	materials.
study skills	ľve picked	Ron is lively	and friendly
up. Mind mapping	is amazing	and gives	his students
and has improved	my comprehension	a lot of motivation.	I will keep
and ability	to memorize	practicing	my super reading.
no end. Ron	is a great	Liz A, Student,	BPP Law School,
instructor,	always positive	2010 LPC "I	like the SuperReading
and understanding	and I always	course and	would recommend
felt reassured.	I am looking	it to friends.	I have learnt
forward to	doing more	many useful	tools for
Eye-Hop and	trying to	reading. Some	of them work

for me particularly	well. English	it took me	ages to read
is my second	language;	and my mind	would also
I guess I	need more	drift off.	However, since
time and more	practice than	I started	the course
the others.	I find the	I am able	to focus for
memory room	and mind mapping	longer and	comprehend
interesting	and helpful.	a lot more	using less
I will keep	practicing	time. It is	a course I
what I've	learnt from	can recommend	to anyone
this course	and believe	who wants	to read faster.
that my reading	speed and	The memory	skills taught
comprehension	will be even	will help	anyone in
better in	the future."	any field	of work or
Tuo Z, Student,	BPP Law School,	study."	Oscar O. Student,
2010 LPC "The	course has	BPP Law School,	2010 LPC "I
made a huge	difference	was a keen	reader even
in my work	life and I	before but	I started
would like	to thank my	the GDL and	suddenly my
tutor, Ron,	who was a	speed and	my comprehension
brilliant	teacher and	went down.	It was a new
for believing	in me. I used	subject. I	saw the ad
to find reading	quite difficult	for Ron's	course and
and thanks	to SuperReading,	read some	of the reviews
I am more	confident.	on the web	site. I was
Thank you	very much"	pretty sceptical.	But I ended
Angela Solis,	Student, BPP	up going and	it proved
Law School,	2010 "When	to be a fun	way of improving
I first started	the course,	my speed.	Ron is confident

and a bit	of that confidence	much from	SuperReading
rapidly catches	on. Day by	during the	course and
day, hopifying	and applying	after life	beyond for
the tips he	offered, my	enhanced abilities.	I endorse
work improved	daily. Things	the course	and wish I
like previewing,	mind mapping	had discovered	it years ago.
or talking	about your	Other institutions,	educational
reading are	not new, but	and otherwise,	should utilize
put together	in Ron's	these skills.	I look forward
framework	really do	to participating	in future
make a difference.	I would recommend	courses which	Ron also delivers.
it. T's	a good investment	Great stuff."	Jo Hadert
since its	effects last	"Eye-Hopping	was, and is,
almost as	much as our	an excellent	exercise.
working life."	Ana-Maria	Progressing	through the
Niculcea,	Student, BPP	levels was	very satisfying,
Law School,	2010 GDL "Ron	but required	daily practice.
is enthusiastic	and of course	I found previewing	to be the
when applied,	the skills	most useful	technique
acquired and	practiced	for increasing	my understanding
lead to exponentially	increased	of what I	was reading.
cognitive	reading comprehension.	I was surprised	at how much
Reading speed	improves-	faster after	only three
a great asset	when much	weeks and	am looking
text and reading/recall	of facts are	forward to	achieving
required.	Ron Cole is	the same level	of speed and
fun and genuinely	desires students	comprehension	with more
to succeed	and get as	technical	material."

James F, Student,	BPP Law School,	the other	native speakers
2010 "I	found the	in the class.	But with the
eye-hopping,	the preview/reviewing,	SuperReading	skills, even
the memory	room and hopefully,	after just	one class,
the pattern	reading helpful	the retest	score at the
and increased	my reading	end of the	first class
score accordingly.	They are excellent,	showed much	improved results.
they do work	and we are	After the	sixth class,
faster because	of them. Thank	my reading	speed almost
you." Edward	Chapman, First	doubled, and	my comprehension
Year Student,	BPP Law School,	improved so	much I could
2010 "Before	SuperReading,	not quite	believe it.
I found that	I got very	I really appreciate	all the skills
distracted	when I read	I have been	given by SuperReading.
and often	my comprehension	It really	was an amazing
was low. The	course helped	experience!"	Catherine
me focus my	method and	Ye, Student,	BPP Law School,
practice new	ways of approaching	2010 GDL "Before	SuperReading
the text.	This has been	I was a very	distracted
extremely	helpful and	reader. SuperReading	has helped
increased	my confidence."	me focus on	the text and
Sophie C,	Student, BPP	increase my	comprehension
Law School,	2010 GDL "Since	instead of	having to
English is	my second	reread. I	have found
language,	I found my	the memory	tools particularly
starting point,	including	helpful for	revision purposes.
reading speed	as well as	My confidence	in reading
comprehension,	far behind	large volumes	of text has

Eye-hopping	a significant	improvement
a fun dimension	in how I manage	my time. I
how to SuperRead."	hope to see	an overall
Student, BPP	improvement	in my exam
2010 GDL "I	marks by implementing	the memory
learned some	techniques	Ron has taught
which have	me. Ron teaches	in a way which
increase my	is fun and	engaging,
and effectiveness.	and it enables	you to associate
previewing	mundane tasks	(i.e. reading
were completely	numerous law	books) with
and have already	confidence	and enjoyment."
I've attained	Jason C, Student,	BPP Law School,
retention	2010 GDL • Pointing	is very good
Overall it	and an important	way to keep
my eyes to	me focused	on what I
range of things	am reading.	 Good experience
about previously."	in improving	your self
Student, BPP	-confidence	in reading,
2010 GDL "It	and other	things too(the
provided me	stories in	the Eye-Hop
which aid	books). • I	believe that
in which I	following	the instructions,
course reading,	especially	the Eye-Hopping
of information	exercises,	you will improve
I am confident	your reading	speed."
practicing	• Sunny	H, Student,
I will notive	BPP Law School,	2010 GDL "Before
	a fun dimension how to SuperRead." Student, BPP 2010 GDL "I learned some which have increase my and effectiveness. previewing were completely and have already I've attained retention Overall it my eyes to range of things about previously." Student, BPP 2010 GDL "It provided me which aid in which I course reading, of information I am confident practicing	a fun dimension in how I manage how to SuperRead." hope to see Student, BPP improvement 2010 GDL "I marks by implementing learned some techniques which have me. Ron teaches increase my is fun and and effectiveness. and it enables previewing mundane tasks were completely numerous law and have already confidence I've attained retention 2010 GDL • Pointing Overall it and an important my eyes to me focused range of things about previously." student, BPP confidence 2010 GDL "It and other provided me which aid books). • I in which I following course reading, of information exercises, I am confident your reading practicing • Sunny

I used to	go back to	of the work	Ron teaches
what I'd	just read	you is useful."	Graham P,
often. Now,	I do this	Student, BPP	Law School,
rarely. Comprehension	has changed	2010 GDL "The	SuperReading
positively.	The instructor	course has	made me a
is cool and	helpful. I	more confident	reader. I
was a bit	sceptical	am no longer	daunted by
before the	starting of	reading my	law books
the course,	but it was	and know that	I can get
worth attending.	Thanks Coach!"	through my	work more
Harilala Razafimbolafidy,	Student, BPP	quickly. Techniques	such as previewing
Law School,	2010 GDL "Ron	and affirmations	do help a
is a very	lovely, well	great deal	in making
meaning guy.	I am confident	the reading	proceed more
that the materials	and exercises	efficiently	and enjoyably."
will help	me progress	Anna G, Student,	BPP Law School,
as I go forward	in my studies	2010 COMMENTS	FROM ATTORNEYS
and future	career. It	AT SJ BERWIN	about SuperReading
is not a magic	pill- it's	"The techniques	have definitely
like a diet	- you have	cut down on	my daydreaming.
to stick to	the daily	I'm concentrating	better and
exercises	to see progress.	my speed is	up as well.
Some of the	techniques	I'm more	confident
you won't	agree with	when I read	and I am remembering
or feel they	won't be	what I read	better than
effective,	but leave	before. It's	definitely
your sceptic's	hat at home	working. Thanks."	-Chris P.
and try everything.	The majority	"I'm definitely	impressed

see the state of	-1-2U N A -	B I.I.	to take "t
with these	skills. My	- I'm able	to take it
speed has	increased	all in much	better. I'm
a lot- it's	working quite	also finding	that reading
well. There's	less drifting	large documents	is more enjoyable;
off and I'm	comprehending	I don't	dread it like
at a higher	level. "	I used to.	l find l'm
-Keegan T.	"I'm finding	getting to	the important
the day-to	-day memory	points much	quicker now.
techniques	very useful.	Thank you."	- Nicola J.
Before I struggled	with retention	NHS Comments	on SuperReading
- this has	been very	"Previewing	tools increased
helpful. I've	also noticed	my comprehension,	and using
less drifting	off when I	a guide sped	up my reading
read. My comprehension	is higher	and increased	my comprehension.
and my speed	has increased	The memory	room was very
as well. I'm	using the	useful, enabling	me to remember
memory tools	to piece together	things easily."	Yusuf Loonat,
cases and	articles.	Finance Manager,	NHS Leeds
" - Kevin	C. "I find	"The experience	has been both
the techniques	are always	interesting	and useful.
helpful. They	stop my mind	I have learned	new ways of
from drifting.	I used to	reading which	even though
have to pay	attention	I did not	do much practice,
to each word	separately.	have helped	in both speed
Now I'm	reading faster	and comprehension.	The instructor
and my comprehension	is definitely	was good and	insightful,
better. I'm	finding the	coaxing and	encouraging.
previewing	very helpful	I will certainly	carry on improving
. 0	• •	•	

and using	the tools."	is much faster	now and I
Paula Lancaster,	Contract Manager,	have trained	myself to
NHS Leeds	"Pointing	recognise	when I am
is a useful	tool. If you	drifting off	and I can
put the effort	in you reap	now refocus.	The memory
the rewards.	It's ongoing	room is great	and I see
development	and steady	how I will	use this in
improvement.	Quite thought	future- poor	memory was
provoking."	Margaret Bell,	a big issue	for me."
Contracting	Manager, NHS	Claire Walker,	Head of Contracting,
Leeds "I	found it fascinating	NHS Leeds	"Previewing
and I've	really enjoyed	is brilliant	for study
it. This has	enhanced my	and text books.	Novel Previewing
reading and	improved my	did not ruin	the 'story'
confidence."	Mark Bradley,	for me in	novels- it
Associate	Director Finance,	made it more	alive. I can't
NHS Leeds	"I used	believe this	actually works!
to be a very	slow reader.	Definitely	makes me want
But now I	can confidently	to continue	practising
whiz through	reading using	to improve	further."
my finger	to scroll	Andrew Dangerfield,	Head of Policy
from side	to side. The	and Service	Development,
instructor	made the experience	NHS Leeds	"Pointing
a very good	and pleasurable	starts comprehension	improvements.
one." Victoria	Ajahi, Assistant	The techniques	led to real
Contracts	Manager, NHS	improvement.	Using the
Leeds "I	really enjoyed	memory room	to remember
the course.	My reading	non-work related	things. I

will use it in my work

in the future." Makeda Wood,

Head of Contracting, NHS Leeds

"This course has given me excellent tools. I'm

reading faster with more

comprehension. As for the

pointing technique - should have

known about it years ago.

My confidence in my reading

abilities has improved."

Liz Caruthers, NHS Leeds

"I am more focused when

reading. The pointing really

helps. I am working on

appreciating the previewing

more, and I have stopped

highlighting! I enjoyed

the sessions." Diane Saunders,

Senior Commissioning Manager, NHS

Leeds "I never gave

much thought to my reading

skills prior to this course.

Things like words per

minute and timing myself

have really helped me

improve my speed and

the course has made me

think bout my style of reading.". Amnah Azhar, Contracts Analyst, NHS

Leeds

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